

BUILD HOUSTON

BUILDHOUSTONONLINE.COM

JUNE / JULY 2020

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EE REED
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DECEMBER 2019 / JANUARY 2020

GALLANT

**UNION SALTING:
RECOGNIZING
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**2019:
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**HOUSTON,
WE DON'T
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**Gallant:
Ten Years of Industrial
and Commercial Projects**

INSIDE BACK PAGE: CONSTRUCTION TECHNOLOGY AND INNOVATION CONFERENCE

2020 ABC MEMBERSHIP DIRECTORY INSIDE

COVID-19 JOBSITE PRACTICES

EMPLOYERS

Social Distancing: Plan work for 6 feet of separation between workers

Designate a social distancing officer (SDO)

Plan gatherings and breaks for groups of 10 or less

Clean and disinfect surfaces

Ensure you have adequate hand washing stations

Provide PPE to prevent transmission

Restrict the number of visitors to the job site

Screen visitors prior to arrival

EMPLOYEES

Prevent transmission: stay home if you're sick or have symptoms

Cover your cough

Wash your hands often

Avoid touching your face

Avoid sharing transportation to and from the job site

Wear PPE at all times to prevent transmission

Inform your employer of symptoms or possible exposure to COVID-19

Stay 6 Feet Apart!



2020 ANNUAL FALL GOLF TOURNAMENT

BENEFITING THE ABC SCHOLARSHIP FOUNDATION

WEDNESDAY, NOVEMBER 11, 2020

★ A SALUTE TO VETERANS ★

CHECK IN: 9:30AM • PRE-GAMES: 10AM - 11AM
SHOTGUN START: 11:30AM

AT **KINGWOOD COUNTRY CLUB**
1700 LAKE KINGWOOD TRAIL, KINGWOOD, TX 77339

*ALL TOURNAMENT PLAYERS RECEIVE \$100 GIFT CARD
TO THE PRO SHOP/TOURNAMENT VENDOR STORE*

Located at one of Texas' Top 10 Courses!

Pre-Tournament Putting, Drive & Flop Shot Contests!

Food, Beer, Margaritas, and Bloody Mary Stations!

ALL INCLUSIVE TEAM OF FOUR

\$1,210 (ABC Members Only)

- Includes additional \$50 gift card to Pro Shop (per Player)
 - Super Tickets for Each Player
 - Company Name at a Tee Box
 - Name in Awards Program
- Green Flag with Company Logo (Must Register by October 23)

BASIC TEAM OF FOUR

\$800 ABC Members | \$1250 Non-Members

INDIVIDUAL PLAYER

\$250 ABC Members | \$350 Non-Members

SUPER TICKETS

\$40/ticket or \$160/team

Includes 3 Mulligans, Pro Tour Drive, Pre-Tournament Putting, Driving & Flop Shot Contests, Entry into Grand Prize Drawing.

SPONSORSHIP INFORMATION CAN BE FOUND ON THE BACK
SIGN-UP AND SUPPORT THE ABC SCHOLARSHIP FOUNDATION

\$500 Cash Raffle!



RESERVE YOUR TEAM NOW!

WWW.ABCHOUSTON.ORG | (713) 523-6222 |



2020 ANNUAL FALL GOLF TOURNAMENT

BENEFITING THE ABC SCHOLARSHIP FOUNDATION



WEDNESDAY, NOVEMBER 11, 2020

AT **KINGWOOD COUNTRY CLUB**

CHECK IN: 9:30AM • PRE-GAMES: 10AM - 11AM
SHOTGUN START: 11:30AM

BREAKFAST SPONSOR - (IN-KIND OR \$400)

- Prepare and serve breakfast during registration, prior to gameplay
- Signage at breakfast area
- Company name/logo recognition on printed programs

GAMEPLAY

SUPER TICKET SPONSOR - ONLY 1 AVAILABLE (\$750)

- Logo on Flyer & Super Tickets
- Company Name on Banner

CLOSEST TO THE PIN SPONSOR - 2 AVAILABLE (\$350)

- Sponsor will receive exclusive signage at the site during the tournament

PRO TOUR DRIVE CONTEST SPONSOR - 2 AVAILABLE (\$300)

- Exclusive signage at the Pro Tour Drive Contest site

PRE-TOURNAMENT PUTTING, DRIVING & FLOP SHOT CONTEST SPONSOR

- 1 AVAILABLE FOR EACH CONTEST (\$300)

- Exclusive signage at the Tournament Contest site

TEE BOX SPONSOR - (\$325)

- Includes sign with company name placed at a hole on the course
- Sponsor may host a tent and provide information at the sponsored hole
- First reserved, first served. Please bring snacks to hand out to golfers
- Sponsor will receive logo on green flag.

FLOP SHOT SPONSOR – 1 AVAILABLE (\$300) SOLD!

- **NEW FOR 2020!** This new tournament game is a chip shot challenge. Test your chip shot prowess to win a part of the game's money pot!

CARTS

BEVERAGE CART SPONSOR - 6 AVAILABLE (\$500)

- Sponsor name placed on a beverage cart that travels the courses
- Sponsor provides rider with opportunity to follow along in separate cart
- ABC provides beverages

COURSE CART SPONSOR - 4 AVAILABLE (\$350)

- Name placed on all golf cart signage

FOOD/DRINK STATIONS

BLOODY MARY/MARGARITA STATION

- 1 OF EACH AVAILABLE (\$500)

- Sponsor and man a bloody mary or margarita station on the course.
- ABC provides ingredients (up to 4 gallons, any additional gallon will be \$100 each)

BEVERAGE STATION - 8 AVAILABLE (\$300)

- Sponsor and man a beverage station on the course
- ABC provides beverages
- Please bring snacks to hand out to golfers

COOK STATION - 10 AVAILABLE (FREE)

- Cook teams can prepare anything they'd like
- Please bring out a cooker and company banner
- Award Given Out for Best Cook Team - (1 per course)



Where Industry Meets
& Careers Are Built





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WHY HOST A MEMBER? MIXER



- **SHOWCASE YOUR BUSINESS OR JOB SITE**
- **MEET OTHER ABC MEMBERS**
- **DEVELOP LASTING BUSINESS RELATIONSHIPS**
- **GREAT ADVERTISING AND MARKETING TO MORE THAN 400 ABC MEMBERS**
- **INCREASED RETURN ON YOUR ABC MEMBERSHIP INVESTMENT**

GUIDELINES FOR HOSTING ON BACK 

**TO CHECK AVAILABILITY FOR MEMBER MIXER DATES, CONTACT MIMI WRIGHT
AT (713) 523-6222 OR AT M.WRIGHT@ABCHOUSTON.ORG.**



**FOLLOW
LIKE
CALL
VISIT**

@ABCHouston | @CMEFHouston
/ABCGreaterHouston | /CMEFHouston
ABC (713) 523-6222
www.abchouston.org



GUIDELINES FOR A SUCCESSFUL MEMBER MIXER

Provided by Associated Builders and Contractors of Greater Houston

Thank you for your interest in becoming an ABC Member Mixer host! Member mixers are an excellent way to bring members and potential business partners to you. Depending on location, member mixers are designed to draw an average of 50 members. Previous member mixer locations have ranged from office and jobsite locations, to restaurants and pubs with located throughout the Greater Houston area. Here are some tips to consider when planning a Member Mixer with ABC.

Logistics

- Lock in a member mixer date at least 60 days before the actual mixer. This allows for proper event marketing.
- Host is expected to provide a venue large enough to accommodate 30 to 50 guests comfortably keeping social distancing guidelines in mind.
- Make sure there is ample parking.
- If an outdoor venue is selected, take consideration of weather patterns.

Event Marketing

- ABC will create online event registration site and event flyer.
- ABC will post event on website calendar, in e-newsletter and across the ABC social media platforms.
- ABC will provide a photographer and will post event photos on our Flickr account

At the Event

- ABC staff will need 2 tables for registration
- ABC staff will register and help welcome guests, introduce and thank you as host and may provide a brief statement during the Mixer
- As the host, you/your team should make it a priority to introduce yourself to every attendee. Don't forget your business cards.
- If mixer is at your business, consider conducting a tour or two.
- Have your company's marketing materials available.

Food/Beverages

- Plan for enough food to feed 30 to 50 attendees. Don't forget to account for plates, napkins and cutlery (if needed). Please also account for trash receptacles

If you are providing alcohol (recommended), host is required to follow all Texas Alcoholic Beverage Commission (TABC) laws/rules. For more information, click [HERE](https://gov.texas.gov/music/page/special_events). https://gov.texas.gov/music/page/special_events

Other

- You must be a current ABC Member to host a Mixer
- We suggest that you visit other mixers to see how they run, if possible.
- We ask that you provide at least one door prize or raffle item. Value \$25 to \$50.
 - Don't forget raffle tickets and a collection bucket (ABC can assist with this if needed).
- Keep music volume low to allow for conversations

To Check Availability For Member Mixer dates, contact Mimi Wright at (713) 523-6222 or at m.wright@abchouston.org.



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2020 COMMITTEES

JOIN AN ABC COMMITTEE,
GAIN BUSINESS CONNECTIONS AND MAKE A DIFFERENCE!

As an ABC member, you can make decisions influencing the construction industry and help shape ABC policies by being part of a committee. This is also a great way to develop your leadership skills and gain access to knowledge about the industry, while networking with other industry professionals. The committees work hard and play hard at their meetings and socials. Pick the one (or more!) that stands out to you!

BUSINESS ISSUES

Commercial Committee

Shares best practices, monitors union activity, studies industry trends, and provides educational content for commercial contractors.

Chair: Joe Cotten, Chamberlin Roofing & Waterproofing
jcotten@chamberlinltd.com // Staff Liaison: Amber Hansen
Meets: 4th Thursday @ 10:00 AM

Marketing

Promotes positive industry image and works to gain maximum media and industry exposure for the association.

Chairs: Silvia Zurita, Synergen & Ignacio Lopez, MEMCO
silviaz@synergen.com; IgnacioLopez@MarekBros.com
Staff Liaison: Lauren Harrell // Meets: 1st Tuesday @ 11:30 AM

OSHA Partnership

A strategic partnership with the Occupational Safety and Health Administration with the overall goal of maintaining a relationship that focuses on preventing fatalities, controlling or eliminating serious hazards, and improving the safety management system. (Open to ABC-OSHA Partners Only)

Chair: Scott Oliver, D.E. Harvey Builders Inc.
soliver@HarveyBuilders.com // Staff Liaison: Amber Hansen
Meets: 4th Wednesday @ 10 AM

Safety

Investigates new safety information and programs, provides members with safety information, monitors safety curriculum of ABC, develops safety documents and manuals for member use and encourages STEP participation.

Chairs: Gustavo Castillo, Turner Industries Group(gcastillo@turner-industries.com
Staff Liaison: Amber Hansen // Meets: 4th Wednesday @ 11 AM

Human Resources Common Practices

Provide HR representatives of ABC member companies with an avenue to share best practices and discuss new/revised regulations that impact their direct operations. The committee will provide an opportunity for legal counsel members of ABC to provide quarterly updates on changing regulations

Chair: Zeke Smith, Satterfield & Pontikes Construction (zeke@satpon.com)
Staff Liaison: Megan MacIntosh
Meets once a month.

LOGIC-Ladies Operating for Growth in Construction

The ABC Women's Peer Group represents the interests of women within the construction industry: protecting, inspiring and assisting with increasing the quality and availability of women entering the industry. The committee will promote a positive image of the industry to other women within and outside of the industry.

Chair: Nancy Cagle, Eyesite Surveillance
Staff Liaison: Lauren Harrell //
Meets Second Tuesday of every month at 8:30am

ADVOCACY:

Legal Issues

Identifies ordinances, legislation, regulation and judicial decisions which affect the merit shop building and construction industry and determines actions to protect ABC members.

Chairs: Elaine Howard, Andrews Myers, P.C. & Bob Hancock, Munsch Hardt Kopf & Harr (EHoward@andrewsmyers.com;
rhancock@munsch.com) // Meets as needed
Staff Liaison: Amber Hansen

Political Action Committee (PAC)

Works to elect and then educate politicians at all levels and seeks to influence their opinions on issues related to the construction industry.

Chair: Dale Kornegay, Slack & Co. Contracting, Inc.
(dalek@slackandco.com) // Meets: 3rd Tuesday @ 10:00 AM
Staff Liaison: Amber Hansen

Free Enterprise Alliance

Formed to fight issues that have a negative impact on the construction industry in Texas.

Chair: Brandon Mabile, Performance Contractors
(brandonm@performance-tx.com) // Meets as needed

WORKFORCE DEVELOPMENT:

Construction Careers Youth Committee (CCYC)

Formed in 2006 as a joint effort between ABC, CMEF and Houston Business Roundtable to promote and support Construction Industry workforce education at public schools.

Chair: Chad Whetro, Performance Contractors, Inc.
(chadw@performance-tx.com)
Staff Liaison: Steven Horton // Meets Bi-Monthly: 2nd Thursday @ 7:30 PM

Industrial Contractor Committee (ICC)

Focuses on workforce development, business development, monitoring union activity, providing a common voice to the owners and clients, monitors political activity, and studies industry trends and manpower issues.

Chair: Natalie Smith, KBR.
(salvador@performance-contractors.com)
Staff Liaison: Kristin McAdams // Meets: 4th Thursday @ 7:00 AM

Industrial Training Committee (ITC)

Collaborates with local area community colleges and other training sources to provide education for craft professionals.

Chair: Jay Roberson, Turner Industries (j.roberson@turner-industries.com)
Staff Liaison: Kristin McAdams // Meets: 1st Thursdays @ 7:30 AM



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2020 COMMITTEES

JOIN AN ABC COMMITTEE,
GAIN BUSINESS CONNECTIONS AND MAKE A DIFFERENCE!

- ELITE**
Promotes the construction industry through student outreach, plans and participates in community service projects, facilitates the professional development of members, and above all, is an avenue for industry networking.
Chair: Lhoren Morris, Occucare International (lmorris@occucareinternational.com)
Staff Liaison: Amber Hansen

- MEMBERSHIP SERVICES:
STAFF LIAISON – MICHELLE ASELTINE**
(m.aseltine@abchouston.org)

- Ambassador**
Performs as the official host for most ABC events and assists with membership retention.
Chair: Michael Luck, Locke Solutions – Precast Division (michael.luck@lockesolutions.com) Meets: 1st Tuesday @ 10:00 AM

- MEMBER SERVICES**
Promote ABC events and training offered by ABC/CMEF to prospective members and the general construction community through networking. Personally visits and welcomes each new member to ABC and will act as the main point of contact for new members should they have any questions about ABC membership and help them determine the best ways to get the most out of their membership. They also attend ABC events to network with prospective members.
Chair: Zeke Smith, Satterfield & Pontikes Construction
Co-Chair: Sarina Landers, Karsten Interior Services
Meets: 2nd Wednesday @ 11:00 AM - Lunch is Provided

- PROGRAM COMMITTEES:
STAFF LIAISON – MIMI WRIGHT**
(m.wright@abchouston.org)

- Breakfast & Mixer Committee**
Organizes all quarterly breakfasts and member mixer events.
Chair: Joe Cotten, Chamberlin Roofing & Waterproofing (jcotten@chamberlinltd.com)

- Excellence In Construction**
Plans and organizes this major chapter event to acknowledge the best projects built by ABC members.
Chair: Morgan Fountain, TDIndustries (morgan.fountain@TDIndustries.com)

- BBQ Cookoff**
Organizes the event which is a combination of a supplier, expo, and BBQ Cook-Off.
Chair: Michael Luck, Locke Solutions – Precast Division (michael.luck@lockesolutions.com)

- Fishing Tournament Task Force**
Oversees all the logistics of the tournament including the Captain's Party and tournament details.
Chairs: Pat Stepanski & Lee Aitken, Holes Incorporated (pstepanski@holesinc.com; laitken@holesinc.com)

- General Contractor's Expo & Crawfish Boil**
Plans and organizes all details for this event.
Chair: Amber Goss, Baker Concrete Construction, Ind. (gossa@bakerconcrete.com)

- Golf Tournament**
Plans and organizes golf tournament annually to raise money for the ABC scholarship foundation.
Chairs: Buddy Rogers, Aries Building Systems & Donald Brooks, BETCO Scaffolds (brogers@ariesbuildings.com; donald.brooks@scaffold.com)

- Texas Hold 'Em/Casino Night**
Plans all aspects of the casino style event from start to finish.
Chair: Leo Delvige, BMF Solutions LLP (ldelvige@bmf-solutions.com)

GOVERNANCE:

- Budget & Finance**
Responsible for monitoring chapter's financial reporting, decisions and investments.
Chair: Mark Rush, Ham, Langston & Brezina, LLP (mrush@hlb-cpa.com) // Staff Liaison: Steve Tillis
Meets: 2nd Monday on even numbered months @ 11 AM

- Facilities**
Responsible for monitoring building facilities and contracts
Chair: John Chaviers, Polk Mechanical (John.Chaviers@PolkMechanical.com)
Staff Liaison: Megan MacIntosh // Meets as needed

NAME _____

EMAIL _____

COMPANY _____

PHONE _____

Achieving the Ultimate Client Experience

**Forget Assumptions - Accountability
& Measurement for Success**

Tuesday, June 23rd, 8:00 am to 8:20 am*

FREE TO ATTEND

*(Registrants will be provided with a webinar
link upon completing registration)

**PART
1**

**of a two-part Contractor Educational Mini Series
Webinar that you won't want to miss!**

Are you taking your client relationships for granted; or, are you leveraging the tools at your fingertips to remain accountable and intentional? If you have stayed in touch, then what are your clients telling you? Tune your ear and truly listen so that you are ready to respond.

Advancing quality and the ultimate client experience is a marathon, not a sprint. However, it is worth every effort and investment towards the destination.

In this session, Dawn F. Landry will detail how authentic and long-lasting relationship advancement occurs when we claim ownership of our responsibility to our clients and provide proactive, transparent guidance and support by our team at all levels.

Don't forget to check the calendar for part two of this series on July 21st.



OUR SPEAKER - DAWN F. LANDRY - Authentizity, LLC. - www.authentizity.com

Dawn F. Landry founded Authentizity in February 2017 as an independent business growth strategist to confidentially assist companies with customized programs designed to advance their leadership/management proficiencies, team cohesiveness and business development/outreach effectiveness.

Leveraging Gallup Clifton Strengths Finder Certification and prior, hands-on, corporate executive experience, Authentizity provides consulting, training and coaching services that optimize technical teams by maximizing their engagement and productivity.

Dawn's experience encompasses more than 27 years of senior leadership positions, more than half in the corporate/commercial real estate industry in Houston.

CALL FOR ENTRIES



**Greater
Houston**

Where Industry Meets
& Careers Are Built



Excellence
IN CONSTRUCTION
Awards Competition

**DEADLINE FOR ENTRIES:
FRIDAY, AUGUST 7, 2020**



**BALLROOM AT BAYOU PLACE
THURSDAY, OCTOBER 22, 2020**



GENERAL OVERVIEW

On Thursday, October 22, 2020, Associated Builders and Contractors of Greater Houston will present the Excellence in Construction Awards at the Ballroom at Bayou Place. This event, established in 2000, recognizes outstanding projects in the commercial and industrial construction industry. Members in good standing have the opportunity to submit completed projects into the formal competition. Top scoring projects will be showcased at the evening program. In addition, winners are also given local and national media attention in the form of press releases, including features dedicated to the awards program in ABC's Build Houston Magazine. Winners at the local level are eligible, and encouraged, to participate in the ABC National Awards competition in March 2021 in Dallas, Texas. ABC Houston members traditionally do well at the National Competition. At the last national convention, Houston members took home 9 National Awards. Attend one of the local How To Submit seminars and learn why!

RECOGNIZING EXCELLENCE

You are invited to submit your outstanding project(s) for consideration in the 2020 ABC Greater Houston Excellence in Construction awards competition. Projects will be evaluated by local Industry Professionals, Owners, Architects and Engineers on safety, execution of design, craftsmanship, attention to detail, installation, and other considerations. ABC Greater Houston also awards the coveted "Best of Houston" traveling award to a local ICE (highest award) winning project that best represents the industry and our great city. Past winners include:

- 2019: E.E. Reed Construction, L.P. - Ravago Warehouse Distribution Center
- 2018: Manhattan Construction - United Airlines Terminal C North at Houston Intercontinental Airport
- 2017: Satterfield & Pontikes Construction - Cypress Park High School
- 2016: D.E. Harvey Builders - Five Oaks Tower/BHP Billiton Tower
- 2015: SpawGlass Construction Corp. - Port Arthur Savings Renovation
- 2014: E.E. Reed Construction, L.P. - Texas Instruments Project

2020 CALL FOR ENTRIES
DEADLINE: FRIDAY, AUGUST 7, 2020

NEED HELP WITH YOUR ENTRY OR HAVE QUESTIONS?

Attend one of the *How To Submit Seminars*.

Visit www.abchouston.org for dates and to learn more.



ELIGIBILITY

Project(s) must be completed by an ABC member in good standing. Eligible projects must meet the following standards:

- Project(s) with a safety-related fatality, regardless of contractor trade, will NOT be considered for an Excellence in Construction award.
- General Contractors and Specialty Contractors are eligible to submit.
- Projects must be completed between October 2018 and October 2020*.
- Projects built outside of Houston will be accepted if portions of the project were managed through member's Houston office.
- All entries must follow the Entry Criteria section of this booklet.
- A \$300 entry fee must accompany each project submission.
- Entries must be completed electronically, visit www.abchouston.org or call 713-523-6222 for more information.
- Notify Mimi Wright at the ABC office of intent to submit by Friday July 3, 2020 by email at m.wright@abchouston.org. Please state project(s) name and category(s) if known.
- All completed entries must be submitted online via ABC provided Dropbox link no later than 4pm on Friday, August 7, 2020.
- Pay entry fee of \$300 per project online or via check delivered to:
Excellence in Construction Awards Competition
Associated Builders and Contractors
4910 Dacoma St.
Houston, Texas 77092

* You may apply for a variance from the Excellence In Construction Committee, which will grant exceptions on a case-by-case basis. Contact Jennifer Woodruff at (713)523-6222 for more information.

SUBMITTAL PROCESS

Excellence In Construction Submittals will be accepted via a dropbox link which will be provided to you upon receiving your Intent To Submit notice. Contact Mimi Wright at Mimi.Wright@abchouston.org or visit www.abchouston.org for more details.

JUDGING

A panel of judges from the Owner, Architect and Engineering communities will review, evaluate and select EIC winners. Entries must earn a cumulative minimum of 85 points to be eligible to win an ICE award and must earn a cumulative total of at least 70 points to qualify for a Merit Award. Only one ICE award will be given in each category. Each project will be judged individually; consequently, awards may not be given in all categories. No member or staff of the ABC Greater Houston Chapter will participate as judges. Winners will be announced at the Excellence In Construction awards banquet to be held on October 22, 2020. The Judging Committee reserves the right to reassign a project to a different category or realign categories.



LOCATION: BALLROOM AT BAYOU PLACE



ENTRY CRITERIA

NOTE: Entries will only be accepted electronically via a Dropbox folder link that will be emailed to you once your Intent to Submit is received. All criteria outlined in this Call For Entry document must be included within your Dropbox folder. Entries should be uploaded as a single PDF file which includes each section in this document. Photos should be incorporated into your PDF file AND placed as .jpg files in a photo file provided within your project Dropbox link. If you are submitting more than one project, you will be provided with a Dropbox folder for each individual entry. To get your Dropbox folder link, please email m.wright@abchouston.org.

OVERALL PRESENTATION – 5 POINTS

- Upload one PDF document in entry folder with all sections included and labeled, which is pleasing to the eye and legible. Points will be deducted for font that is too small, or difficult to read. Photo folder contains .jpg photos as requested in the photo section of this call for entry.
- Points will be deducted for grammatical errors, spelling mistakes and other typographical errors.


CONTRACTED SCOPE – 10 POINTS

- Include up to one full page detailing the contract scope, ensuring legibility when selecting font design and size.
- Provide a description of your scope for this project including type of construction, size of project, contract value, length of project, and percentage of labor that is self-performed. Provide a list of all contractors on this project and designate which are ABC members (find members online at <http://web.abchouston.org/search>).
- Describe the opportunities you provided to the construction community to participate based on merit.

NARRATIVE – 30 POINTS

- Include up to four pages, ensuring legibility when selecting font design and size.
- Provide a written narrative indicating why this project is special and why it qualifies for an award. The focus of the narrative should be the construction (i.e. erection, installation, modification, grade footprint, etc.) of the project. Be sure to include the following items:
 - Describe any innovative programs relating to quality control
 - Describe any innovative programs relating to scheduling
 - Describe any value analysis/engineering process used on the project
 - Indicate any special obstacles you overcame in completing the project
 - Describe any difficulties or extenuating circumstances encountered in completing the project
 - Describe any innovative programs or methods related to productivity

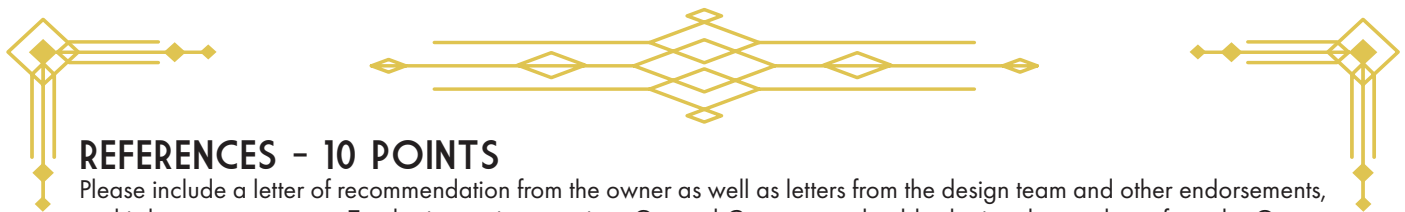
PHOTOGRAPHS – 8 POINTS

- Include up to 10 quality photographs (8-10 recommended) of the project in your PDF presentation photo section that are clear of descriptions or captions, preceded by one typed page that includes photo descriptions/captions for each photo. Include the same (up to 10) photos in a .jpg file format and the one page photo description guide inside your dropbox photo folder (these will be used for marketing purposes).
 - To obtain maximum points, include “in progress” photos for new construction or “before and after” photos for restoration and renovation projects.
 - It is recommended to include photos that are relevant to the challenges and solutions outlined in the narrative.
 - Your JPG digital photos are required to be a minimum of 300 dpi resolution.
 - The photographs in your photo folder may not be submitted within a software program such as PowerPoint or Acrobat and must not include any text or framing that affects the photo.
 - Absolutely no videos are accepted.
 - Photographer’s Use Authorization: If any of photos being submitted were taken by a third-party photographer, the photographer’s written authorization to use the photos is required. There are two ways to comply: (1) the photographer can sign and date the licensing agreement (included in your dropbox folder), or (2) applicant must submit a letter from the photographer giving ABC authorization to use the photos, which must follow the licensing agreement. The letter should be scanned and included in your dropbox folder.
- 

SAFETY – 31 POINTS

- Did the applying company have a safety-related fatality within the current program year (Oct. 16, 2019-Oct. 15, 2020)? If yes, your company is not eligible.
- Did your company have a safety-related fatality within two or three years of the current program year (Oct. 16, 2015-Oct. 15, 2017)? If yes, answer the questions below.
 - What was the violation type as determined by OSHA (i.e. Willful, Serious, Repeated, Other-than serious, No violation was cited)?
 - Date and location of incident
 - Were there any fines, citations or penalties issued? If so, by whom (i.e. OSHA, Police, Department of Transportation, etc.)?
 - Provide a written report up to five pages that details the following:
 - A full account of the incident and the investigation
 - What corrective actions were taken immediately?
 - What corrective actions were taken culturally?
 - How was accountability addressed?
 - What procedural changes were made?
 - Was there an overall evaluation of the company safety policies, and if so, what changes were made?
 - If the fatality occurred within two or three years prior to this program year (Oct. 16, 2015-Oct. 15, 2017), provide details as to how your company has implemented the changes discussed above and how it has affected the overall safety performance.
- Did this project have a safety-related fatality? If yes, this project is not eligible.
- Include copies of the OSHA Form 300 and OSHA Form 300A for your company (*project specific, if available*) for the year(s) the project was under construction, with personal information redacted. If omitted, your company is not eligible.
- Has your company signed the Construction Coalition for a Drug- and Alcohol-Free Workplace’s pledge at drugfreeconstruction.org? If no, your company is not eligible.
- Does your company have a written substance abuse policy? If yes, provide a copy of the table of contents and explain how it was implemented on the project.
- Does your company have a written Safety and Health Policy Manual? If yes, include its table of contents or provide a one-page summary. If no, your company is not eligible.
- Was a site-specific Safety and Health Policy Manual developed for this project? If yes, include its table of contents or provide a one-page summary.
- Provide the project’s organizational chart identifying the person responsible for safety.
- Does your company conduct a new employee safety orientation? If yes, include a copy of the agenda.
- Were toolbox safety meetings held with employees? If yes, were these meetings documented and what was the frequency of meetings? Include a one-page summary or an example up to two pages.
- Did your company regularly establish pre-task safety planning prior to beginning work on this project? If yes, provide at least one example.
- Did your company have a process in place to record near-miss cases on this project? If yes, provide supporting documentation of this process and how your company uses this information. Note this does not indicate near-misses occurred.
- Was specialized training conducted on this project? If yes, indicate types on a separate page.
- Provide additional information regarding any innovative safety and health programs used on this project or the company’s overall safety program.
- Calculate your company’s Total Recordable Incident Rate (TRIR) = Number of recordable accidents x 200,000 / total manhours for the project
 - Total manhours for all disciplines included in your contract on this project
 - Company NAICS and SIC codes
 - Number of OSHA-recordable accidents on this project
 - Number of OSHA job transfer or restriction cases on this project
 - Number of OSHA days away from work cases on this project

**General contractors and construction managers also must include all specialty contractors’ hours and recordables on this project.*
- For general contractors or construction managers: Do you require accident reports from specialty contractors? If yes, provide information on the process.
- Provide the name, title, phone, email and signature for the person responsible for safety on this project and attesting to these accident rates.



REFERENCES - 10 POINTS

Please include a letter of recommendation from the owner as well as letters from the design team and other endorsements, or third-party comments. To obtain maximum points, General Contractors should submit at least a letter from the Owner and Architect. Specialty Contractors should submit at least a letter from General Contractor.

SUPPLEMENTAL MATERIALS - 2 POINTS

Please provide any miscellaneous supporting materials such as diagrams and other graphics, media coverage and promotion, other awards. (maximum five pages)

ACCREDITED QUALITY CONTRACTOR (AQC) - 2 POINTS

If your company is an ABC 2019 AQC member, include a copy of the company certificate or renewal letter.

STEP PARTICIPANTS - 2 POINTS

Include a copy of the company's Safety Training Evaluation Process (STEP) certificate from the year(s) the project was performed, or from 2020. If you do not have a copy of your certificate email Stepapps@abc.org. Please note ABC receives several requests and handles them as received. For more information about STEP and to download an application, visit www.abc.org/STEP.

CATEGORIES

(Categories will be further subdivided based on number of entries received and project value. You may enter more than one project in a single category.)


General Contractor Projects

General Contracting, Construction Management
(ground up and tenant finish)

- 1) Heavy Industrial - Construction (ie: Power, Petro-Chem, Refining, Energy, Paper Mill, Steel Mill)
- 2) Heavy Industrial - Maintenance/Small Cap (ie: Evergreen or Longterm, 6 Month Minimum, No Completion Date Required)
- 3) Heavy Industrial - Turnarounds & Shutdowns
- 4) Light Industrial (ie: Pharmaceutical Plants, Manufacturing Facilities, Warehouses)
- 5) Commercial (ie: Office Building, Retail Facilities, Churches, Banks, Hotels, Mixed Use)
- 6) Healthcare (ie: Hospitals, Clinics, Diagnostic Centers, Laboratories)
- 7) Historical Restoration
- 8) Institutional - Publicly Funded (ie: Schools, Airports, Libraries)
- 9) Interior (ie: Build Out, Remodel)
- 10) Infrastructure/Heavy, Public Works and Environmental (ie: Highways, Transit, Parks, Water Treatment Plants)
- 11) Residential (ie: Multi-family, Condos, Senior Living, Student)
- 12) Other (Construction not specifically referred to in the previous categories, ie: Theme Park, Zoo, Water Park, etc.)

Specialty Contractor Projects

Projects where member performs specialty contracting

- 1) Electrical
 - 2) Finish Exterior (ie: Masonry, Precast, Stone, other exterior finishes)
 - 3) Finish Interior (ie: Acoustical, Drywall, Millwork, Plaster, Other Interior Finishes)
 - 3) Mechanical
 - 4) Other Specialty Construction (Commercial)
 - 5) Other Specialty Construction (Industrial)
 - 6) Sitework/Landscaping
- 



ENTRY FORM

Provide the requested information exactly as it should appear in award-related materials and on the award.
If you have any questions regarding this application, please call the ABC office at (713) 523-6222 or email m.wright@abchouston.org.

CONTRACTOR INFORMATION

Name of contractor: _____
Company principal and title: _____
Mailing address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Fax: _____ Email: _____

PRIMARY CONTACT INFORMATION (PERSON TO NOTIFY RELATED TO QUESTIONS AND AWARD STATUS)

Contact name: _____ Title: _____
Phone: _____ Email: _____

PROJECT INFORMATION

Name of project: _____
Project location (city/state): _____
Final contract amount: _____ Project Square Footage (if applicable): _____
Award entry category (see pages 6): _____
Name of primary architect (official firm name): _____
Name of primary engineer (official firm name): _____
Name of general contractor (if applying company is a specialty contractor or supplier): _____
Name of client/owner (official firm name): _____
Starting date of construction: _____
Substantial completion date of construction _____

Please provide a one-two paragraph summary of the project on separate sheet with this entry form. (IMPORTANT: this information will be used in marketing materials and project descriptions)

Please read and sign below: I have enclosed a check for \$300 to cover the entry fee. I hereby give ABC of Greater Houston my permission to use photographs and any information submitted for the Excellence in Construction Award Competition in ABC awards material, promotional materials and press releases.

Name _____ Date _____

Signature _____





THE GREAT GATSBY

\$10,000 (ONE AVAILABLE)

- Logo in Call For Entries and Event Web page
- Logo placed on Excellence In Construction Awards
 - 30 Second Feature in A/V Program
 - Full Page Ad in Table Program
 - Reserved Table of 10



DAPPER FLAPPERS

\$1,750

- Reserved Table of 10
- Company Logo displayed in A/V Program and on Table Sign
- Verbal recognition during EIC Program
- Logo Placed on Venue Window Display



THE BOOTLEGGERS

\$1,250 (TWO AVAILABLE)

MUST BE RESERVED BY MONDAY, SEPTEMBER 24TH

- Company logo displayed in A/V Program, Table Program, and Cocktail napkins
- 1/2 page advertisement in Table Program
- Preferred reserved seating for two guests



SPEAKEASY

\$1,250 (TWO AVAILABLE)

MUST BE RESERVED BY MONDAY, SEPTEMBER 24TH

- Company Logo displayed in A/V Program, Table Program & displayed on table wine bottles
 - 1/2 page advertisement in Event Table Program
- Verbal recognition during EIC Program
- Preferred reserved seating for two guests



THE RITZ

\$500 (TWO AVAILABLE)

MUST BE RESERVED BY MONDAY, SEPTEMBER 24TH


- Company logo displayed on pre-function networking game cards
- Company logo displayed in A/V Program and Printed Program
- Verbal recognition during EIC Program



CAT'S PAJAMAS

\$500 (SIX AVAILABLE)

MUST BE RESERVED BY MONDAY, SEPTEMBER 24TH

- Company logo featured on bar wrap graphic display
- 



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& Careers Are Built



Excellence IN CONSTRUCTION

Awards Competition

HOW TO SUBMIT VIRTUAL SEMINAR

WEDNESDAY, JUNE 17TH, 2020 | 11:30 AM - 1:00 PM
SEMINAR WILL BE HELD VIRTUALLY

Submit your best projects, completed between October 2018 and October 2020, to compete for top honors at the 2020 Excellence In Construction Awards. Projects are evaluated on safety, workmanship, quality and ingenuity. The awards competition is open to general and specialty contractors who are in good standing with the Greater Houston chapter. One local winner will even take home the coveted "Best of Houston" trophy – see if you've got what it takes! Attend the Excellence In Construction How To Submit Seminar and learn how to walk away a winner.

FREE SEMINAR

- Learn about the Excellence In Construction Program
- Get ideas for your submittal
- Learn about required material and the electronic submittal process

JUDGES AND COMMITTEE MEMBERS WILL BE THERE TO GUIDE YOU

- See how past winners got their submittals noticed by judges
- Answers to those last-minute questions regarding your submittal
- Next steps in the EIC Awards process

ALSO FEATURING

- Q&A session to answer your questions about submittals to the EIC program
- Past winning submittals will be reviewed
- Take-home materials to help you while assembling your submittal



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2020

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**Reserve your Charter Sponsorship by
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- *Company Listing in Printed Event Programs*
- *Company Listing on Charter Event Banner*
- *Verbal Recognition at all ABC Affiliated Events*
- *Bold Listings in Printed Bi-Annual Membership Directory*



FOR INFORMATION

Contact Mimi Wright | m.wright@abchouston.org
(713) 523 - 6222

All Packages for ABC Members Only. Pricing & Details on next page >>>



MEMBER BREAKFAST

- January 24
- Workforce Development Breakfast March 6
- August 7
- November 13

MEMBER MIXERS

- July 21 - ABC Greater Houston Office
- August 27 - CMEF Office
- September 30 - Ham, Langston & Brezina, LLP
- October 14 - Fast Track Specialties, LP
- October 29 - TAM Services Group, Inc.
- November 4 - Adaptive Construction Solutions
- November 12 - Griffin Dewatering
- December 9 - Watermark Creative Ideas

ELITE EVENTS (Formerly Young Professionals)

- Cornhole Tournament - September 10
- Bowling Tournament - October 29

SPECIAL EVENTS

- Political Action Committee Luncheon (PAC) - January 8
- ABC/CMEF Inaugural Celebration - January 16
- Technology Innovation Conference February 5
- Texas Hold' Em Tournament February 20
- Spring Sporting Clay Shoot - April 13 (Canceled)
- General Contractor Expo & Crawfish Boil - May 7 (Canceled)
- Casino Night - August 6 (Canceled)
- Fishing Tournament - September 18
- Fall Sporting Clay Shoot - September 21
- BBQ Cookoff - October 8
- Excellence in Construction Awards - October 22
- Fall Golf Tournament - NEW EVENT - November 11
- PAC Christmas Party - December 3

WORKFORCE DEVELOPMENT EVENTS

- CMEF Craft Training Graduation - May 21 (Canceled)
- Workforce Development Awards - September 24 (Canceled)
- Construction Career Expo - October 29 (Moved to Spring 2021)

All dates are tentative.

PLATINUM CHARTER SPONSOR

\$14,518 VALUE

This extensive package offers maximum benefits to ABC members. From full tables and sponsorships at seated events, to sporting teams, this package is perfect for the ABC member who wants the ultimate ABC experience.

MEMBERSHIP BREAKFASTS

- Priority Table of 8 at all four **Membership Breakfasts**

MEMBER MIXERS

- Unlimited admission at each of the four **Member Mixers**.

SPORTING EVENTS

- 10 admission tickets to **Casino Night**
- All Inclusive Team of 4 at **Spring Golf Tournament**
- Guided Team of 4 at **Fishing Tournament**
- 4 player tickets to **Texas Hold'Em Tournament** and **Corn Hole Tournament**

PUBLICATIONS

- A **Bold listing** in Winter and Summer Directories

Expos & Cook-Offs

- 10 admission tickets to **BBQ Cook Off** and **General Contractors Expo/Crawfish Boil**
- 2 Tickets **FMI/ABC Construction Technology Innovation Conference**

PAC EVENTS

- Team of 4 at **Spring and Fall Clay Shoots** w/cart
- 4 admissions to **Christmas Party**
- Admission to **PAC Luncheon** with PAC Contribution

AWARD CEREMONIES

- Table of 10 at **Excellence in Construction Awards Dinner**
- 4 admissions to **Inaugural Celebration**
- 2 admissions to **Workforce Awards Dinner**
- Sponsorship at **CMEF Graduation**

Save 15% Your Total: **\$12,300**

GOLD CHARTER SPONSOR

\$10,938 VALUE

Perfect for medium sized companies, this offers half tables and sponsorship at events plus access to networking and sporting events.

INCLUDES

- Priority Seating for 4 at all four **Membership Breakfasts**,
- 5 admissions to **General Contractors Expo/Crawfish Boil, Casino Night, BBQ Cook Off and Excellence in Construction Awards Dinner**
- 2 Tickets **FMI/ABC Construction Technology Innovation Conference**
- Team of 4 at **Spring and Fall Clay Shoots** w/cart
- All Inclusive Foursome at **Spring Golf Tournament**
- Guided Team of 4 at **Fishing Tournament**
- Unlimited admission to all **Member Mixers**
- 2 admissions to **Inaugural Celebration, Texas Hold'Em Tournament, Cornhole Tournament, Workforce Awards Program and PAC Christmas Party**
- A **Bold listing** in Winter and Summer Directories

Save 10%
Your Total: **\$9,800**

SILVER CHARTER SPONSOR

\$5,308 VALUE

The ideal package for smaller companies who want to gain exposure within the ABC membership.

INCLUDES

- 2 admissions and sponsorship to all four **Membership Breakfasts, Inaugural Celebration, Texas Hold'Em, General Contractors Expo/Crawfish Boil, Casino Night, BBQ Cook Off, and Excellence in Construction Awards Dinner**
- 2 Tickets **FMI/ABC Construction Technology Innovation Conference**
- 2 players at **Golf Tournament**
- 2 shooters at **Spring Clay Shoot**
- Unlimited admission to all **Member Mixers**
- A **Bold listing** in Winter and Summer Directories

Save 5%
Your Total: **\$5,000**



2020

Sign Up Now!

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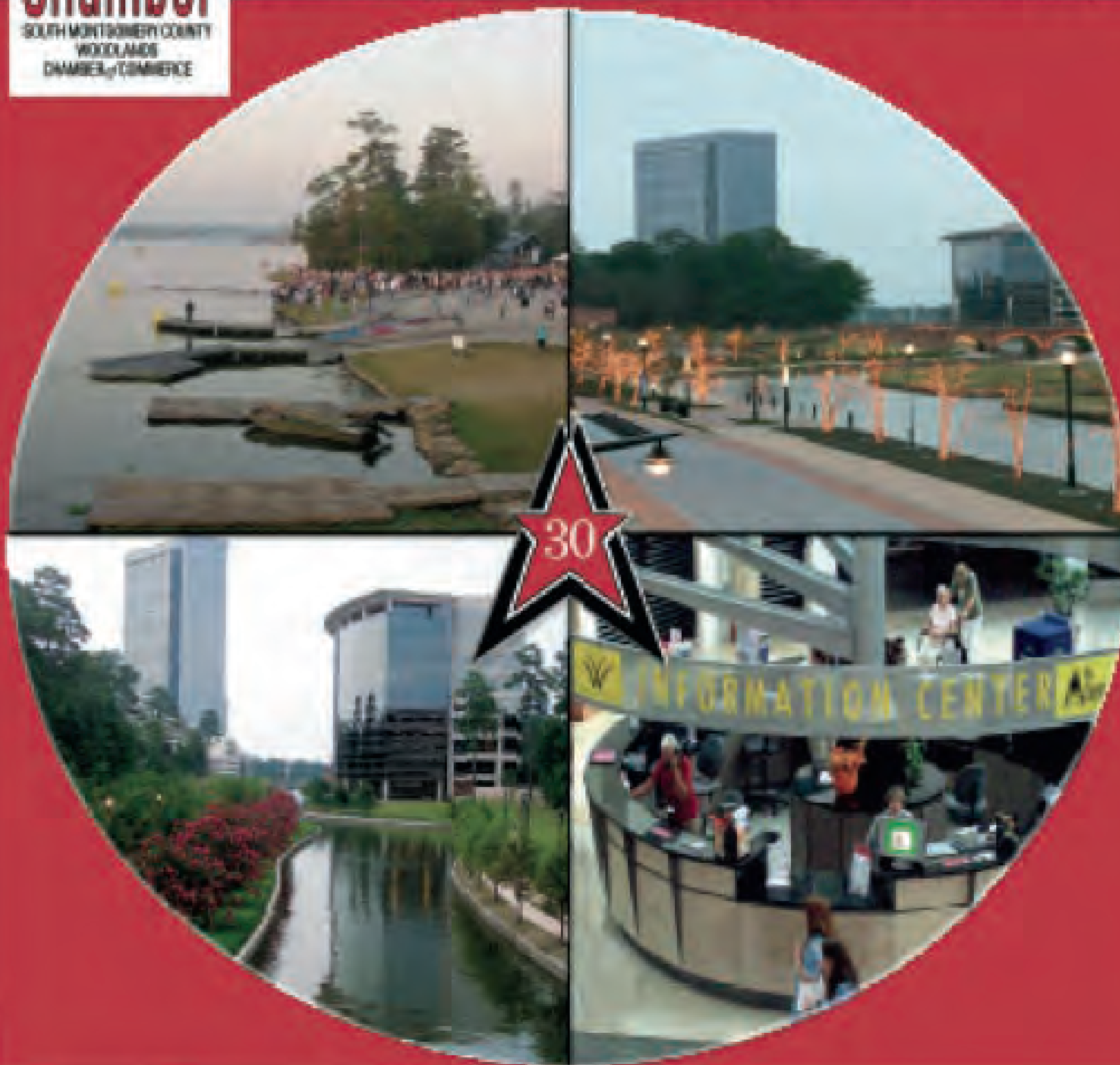
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Announcing the inaugural The Woodlands / North Houston Fast 50 Awards!

Houston North has become one of the fastest growing areas in The United States. HBJ is expanding its editorial coverage in North Houston and will host two signature events in 2019.

Are you a North Houston based business? Get the recognition you deserve by sending in your nomination for this event. The company must be located within the The Woodlands / North Houston / Conroe area, which includes North Harris (North of Beltway 8), Montgomery and Waller County.

A special event section and inaugural Woodlands/North Houston Fast 50 list will be published in the May 31 edition of the HBJ.



Nominate your business for HBJ's first
The Woodlands / North Houston Fast 50 Awards.

NOMINATE ONLINE:
www.bizjournals.com/houston/nomination
DEADLINE: MARCH 1ST

We will reveal the rankings at an awards luncheon in May 2019.

For event information, please contact
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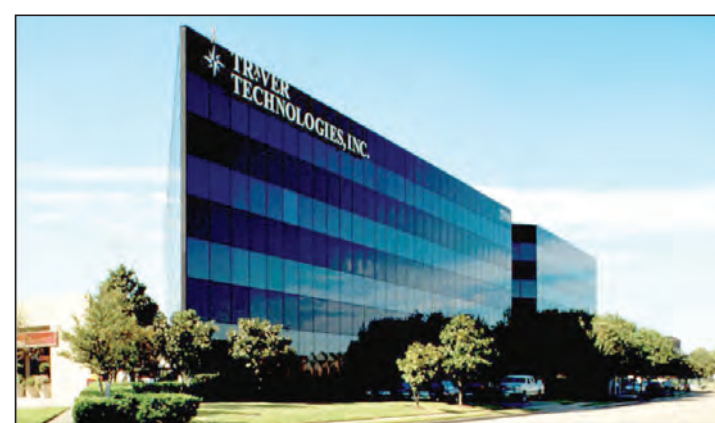
AMERICAN SPECTRUM

American Spectrum Realty, Inc.

American Spectrum Enters Into Contracts For Third Party Management And Leasing For Four Properties

Houston, TX, June 29, 2009

American Spectrum Realty, Inc. (NYSE AMEX: AQQ), a real estate investment, management and leasing company, headquartered in Houston, Texas, stated today that American Spectrum Realty Management, Inc., its wholly-owned subsidiary, has entered into contracts for third party management and leasing for four properties currently owned by Stone Mountain Properties. The four office properties owned by Stone Mountain total 417,959 square feet, three of which are located in Houston, Texas. In addition, American Spectrum was recently chosen to provide management and leasing services for Park Plaza, a 68,500 square foot retail center in Katy, Texas.



2550 Gray Falls



Sunblossom at Briarpark Office
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Sunblossom Center Office Warehouse
6001-6501 Westline Drive

American Spectrum Realty, Inc. is a publicly traded company comprised of commercial real estate

industry veterans. American Spectrum owns, manages, and leases 29 office buildings, retail, and industrial properties focusing on core markets in Texas, California, and Arizona. The company's professionals possess the ability to evaluate under-performing assets, assess the cause, and affect a cure. American Spectrum offers a full range of real estate services for both institutional and individual owners.

American Spectrum's Strategy is straightforward: Provide strong responsive management to improve operational efficiency and enhance market position, bring a higher level of professionalism to the property's management, use proven leasing strategies to obtain high occupancy levels, and focus not just on the number of tenants, but also on the quality of tenants.

The Result: Real Estate assets that are able to reach and sustain their performance potential despite market fluctuations.

The American Spectrum Team believe that their competitive advantage stems from their strong local market expertise; long-standing relationships with brokers, institutions and other owners of real estate in each local market; their fully integrated real estate operations which allow quick response to property owners needs, and their proven leasing strategies that are often overlooked by the traditional real estate companies. This competitive advantage has enabled American Spectrum to lower operating costs, increase occupancy through a proven leasing strategy, and increase the overall value of the asset.

American Spectrum Realty, Inc. can turn your under-performing assets around starting today. Call **Ric Holland** or **Bill McGrath** at

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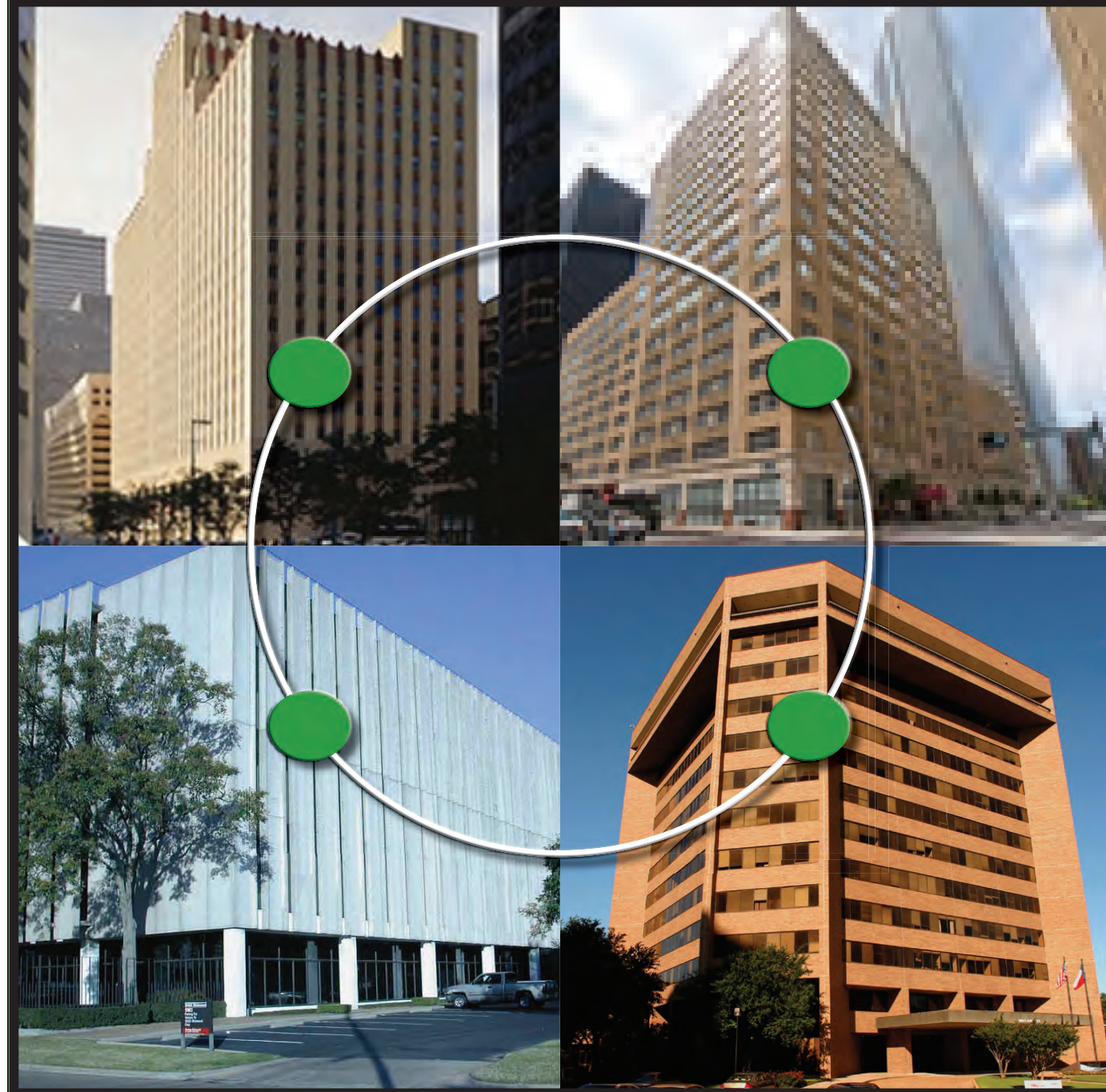
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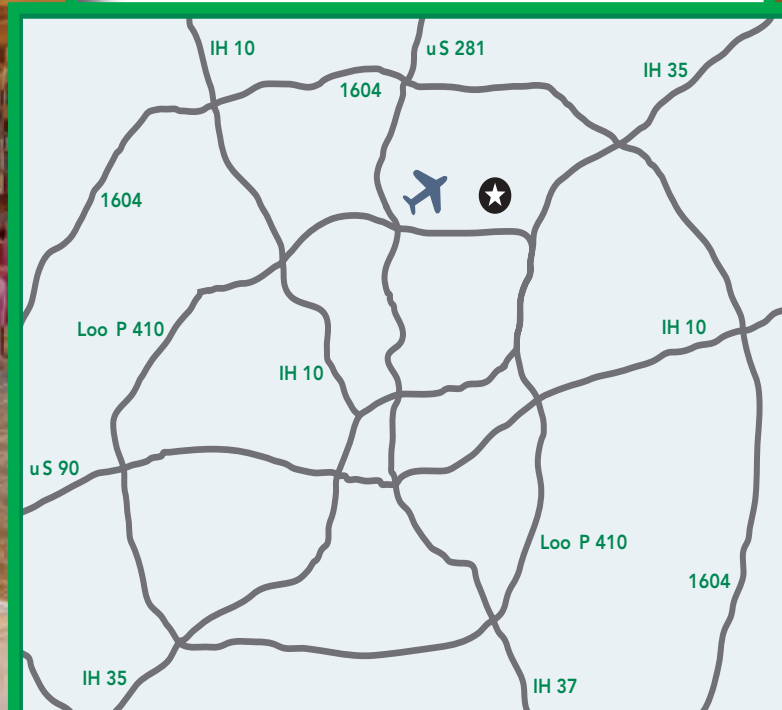
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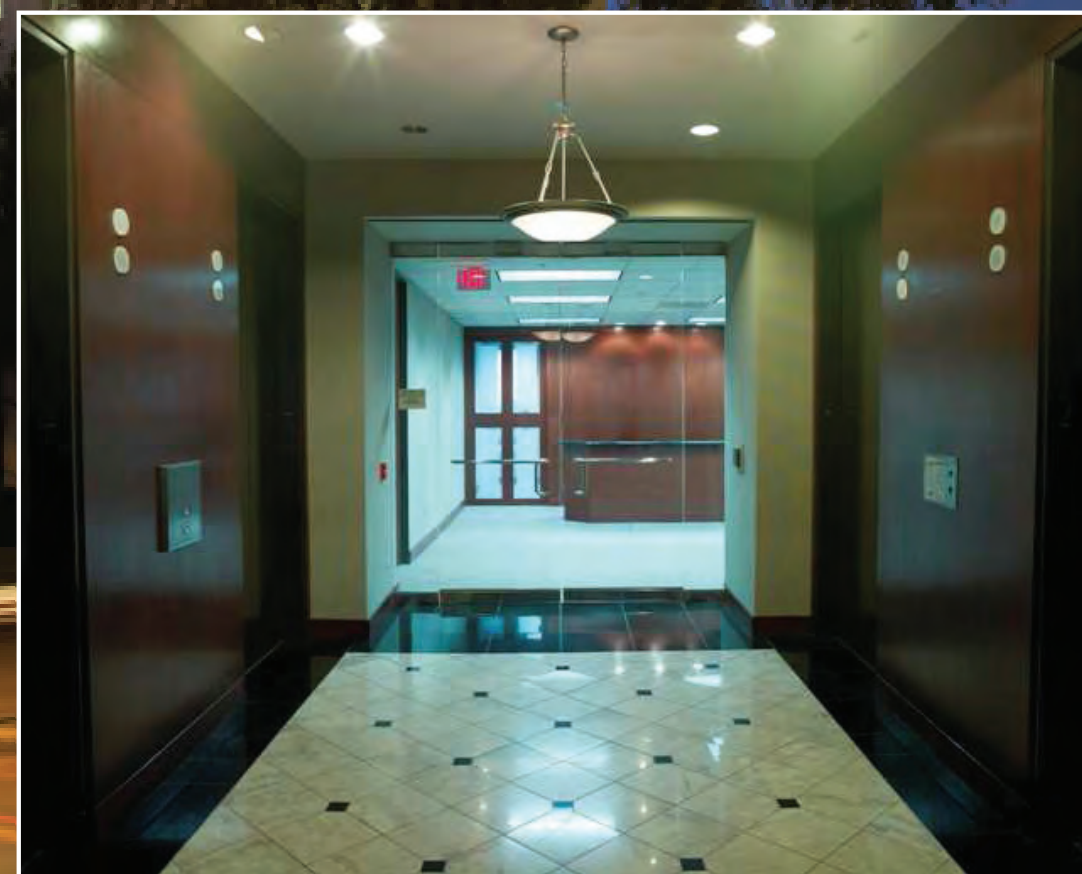
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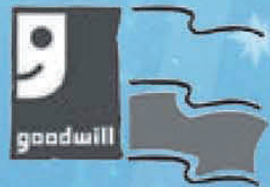
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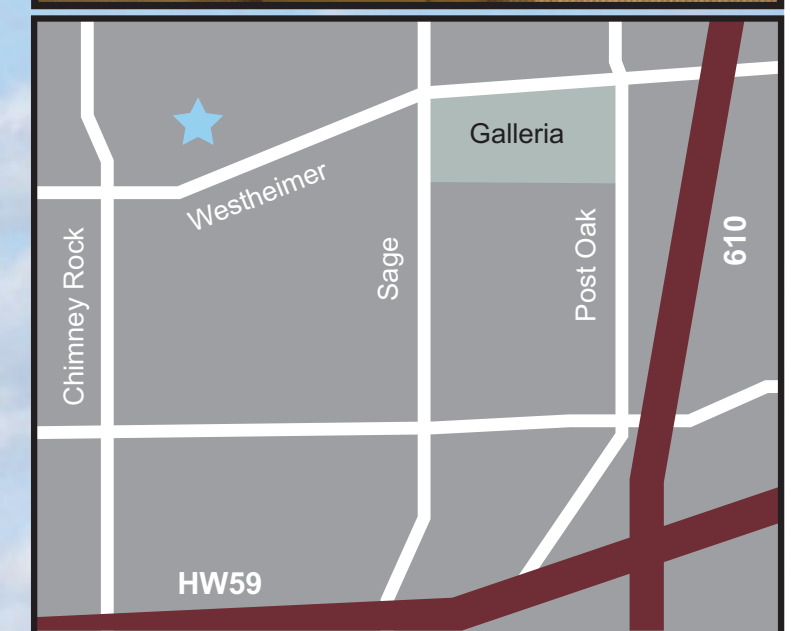
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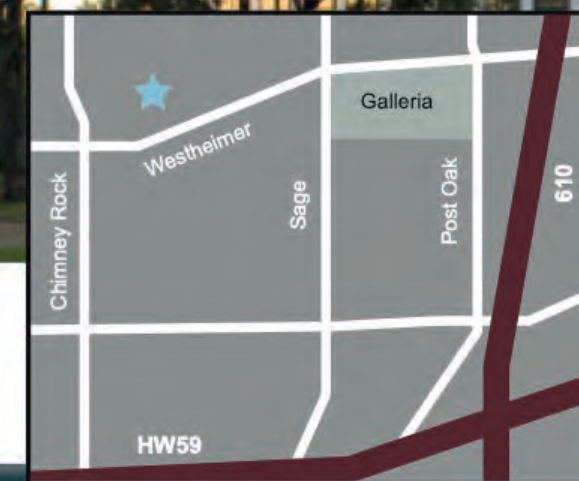
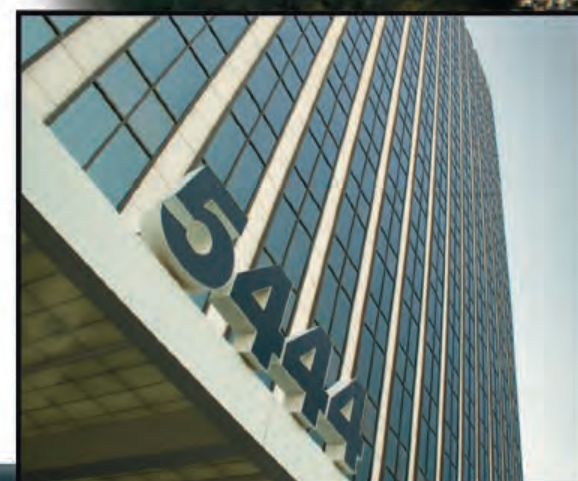
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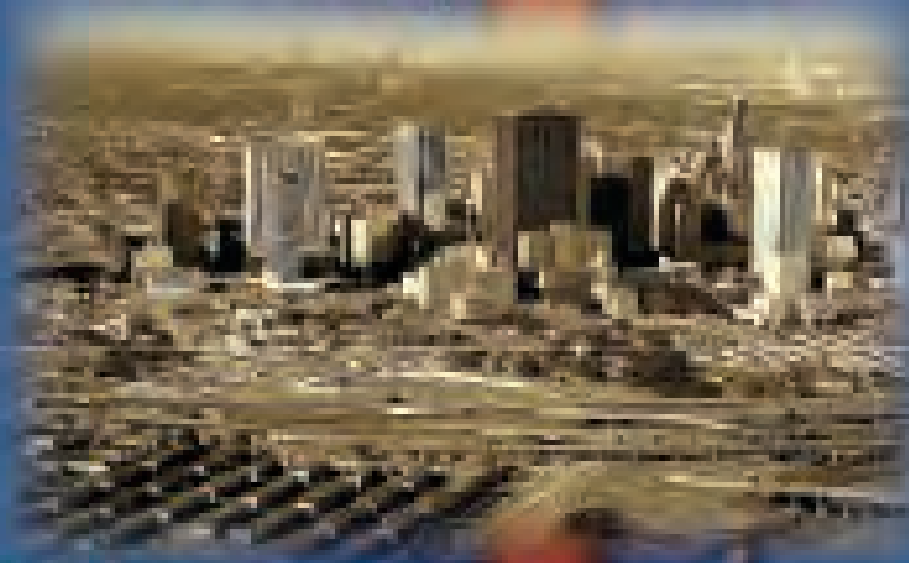


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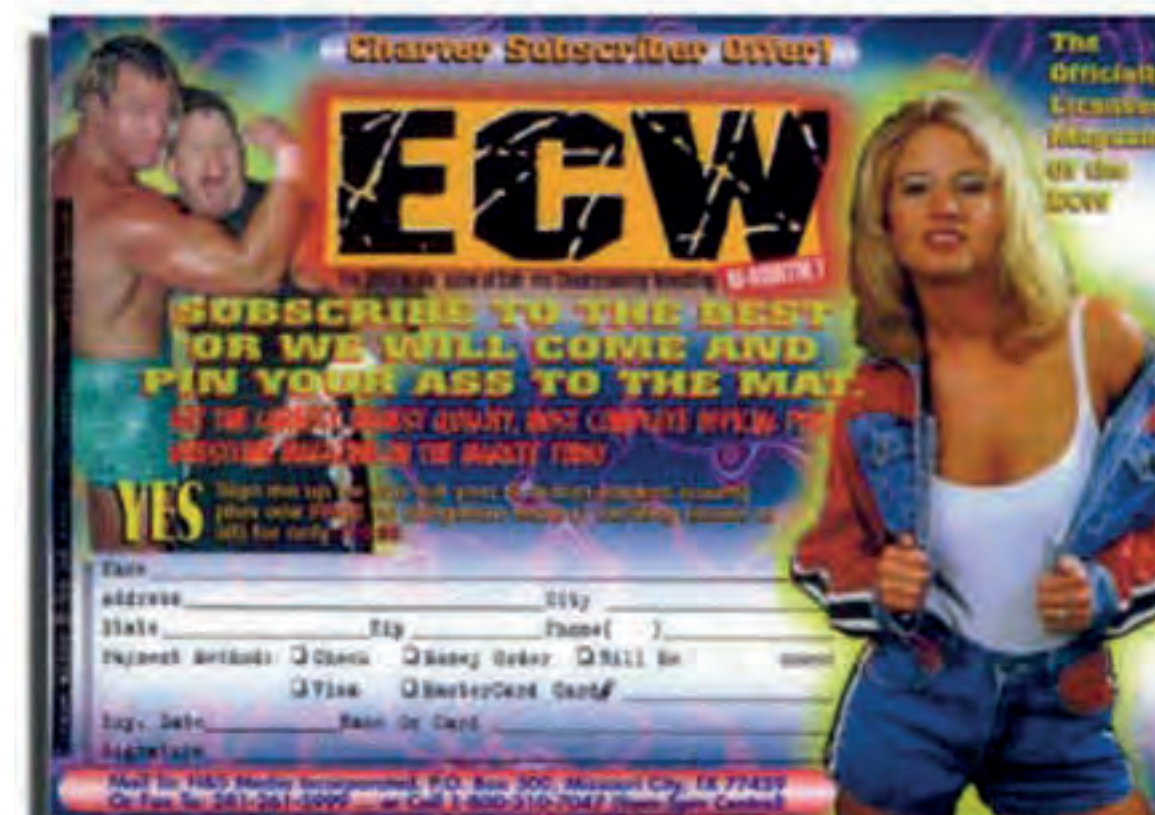
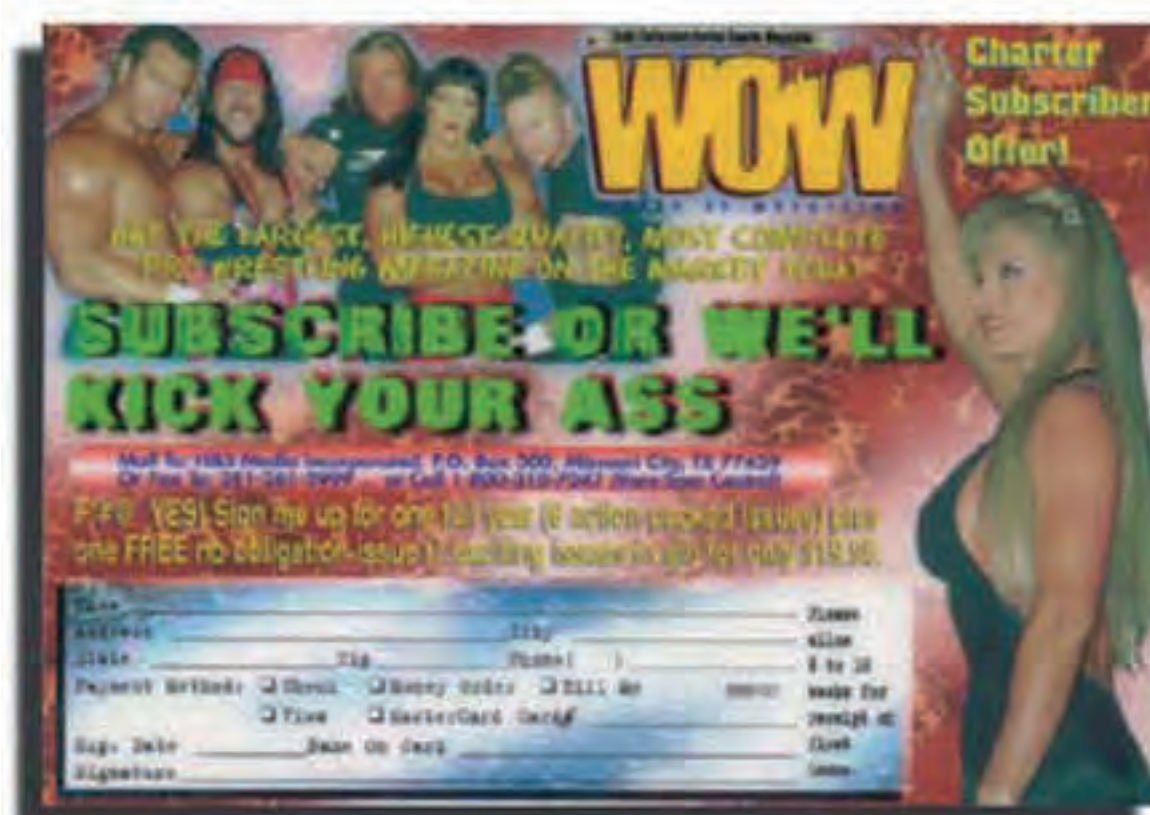
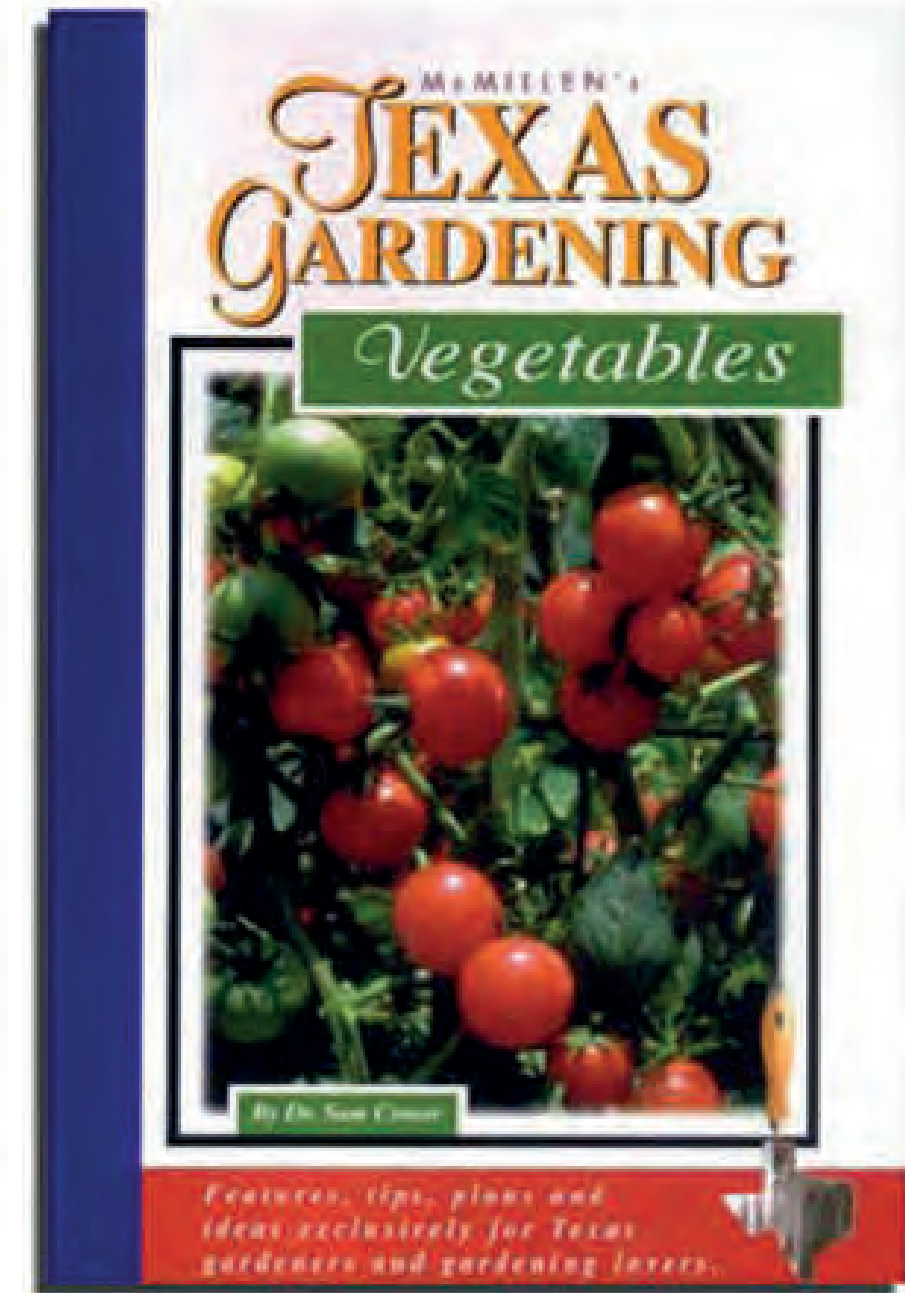
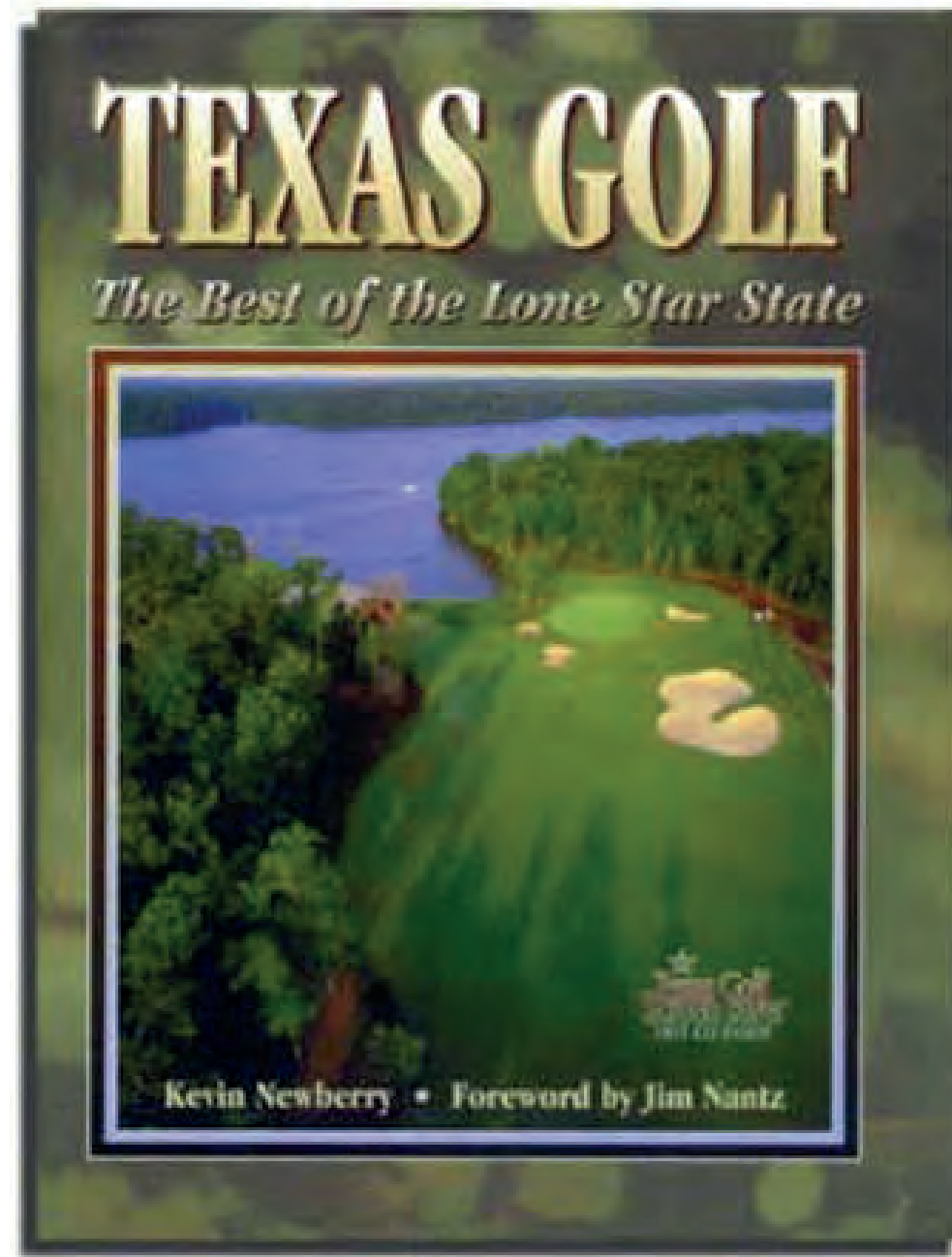
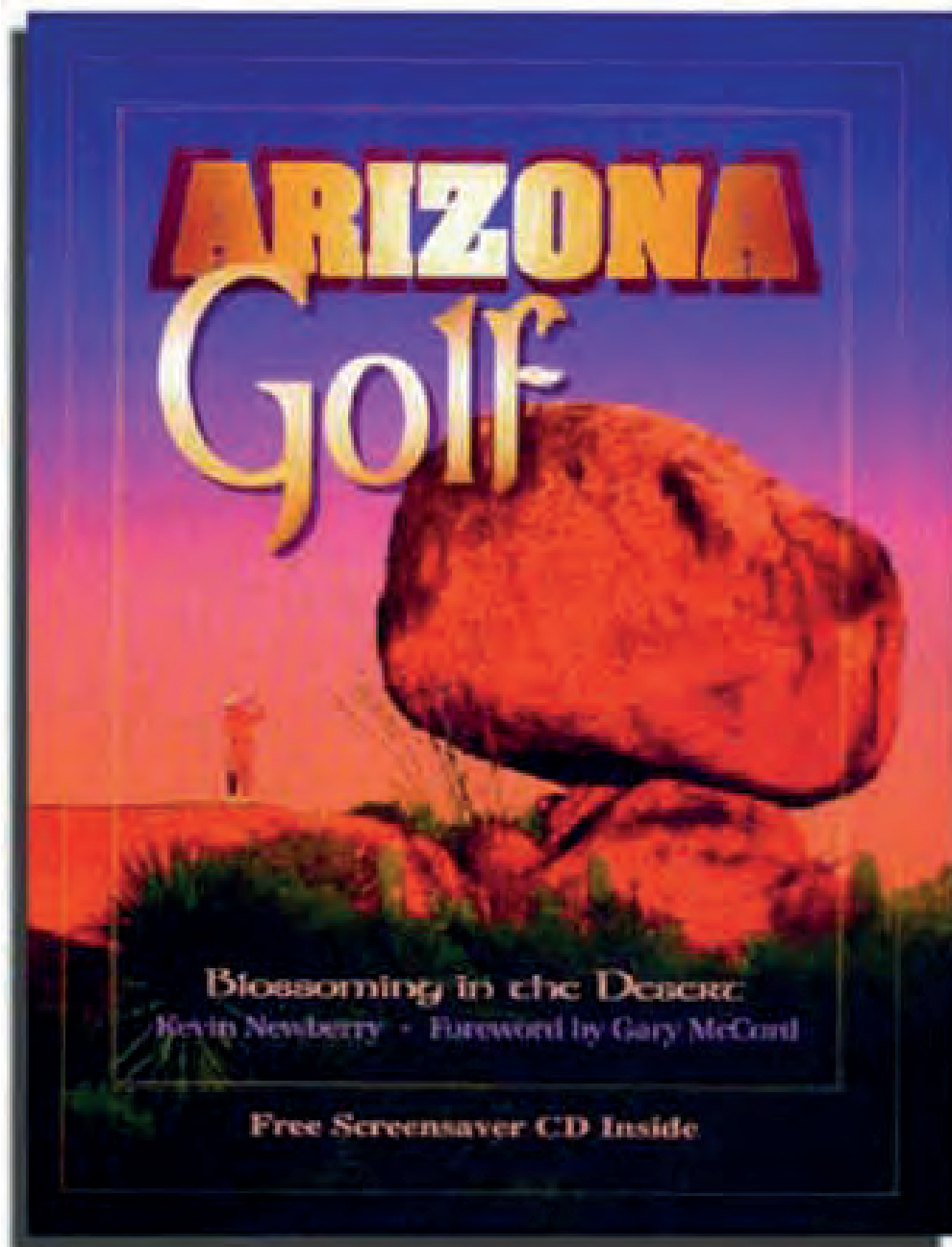
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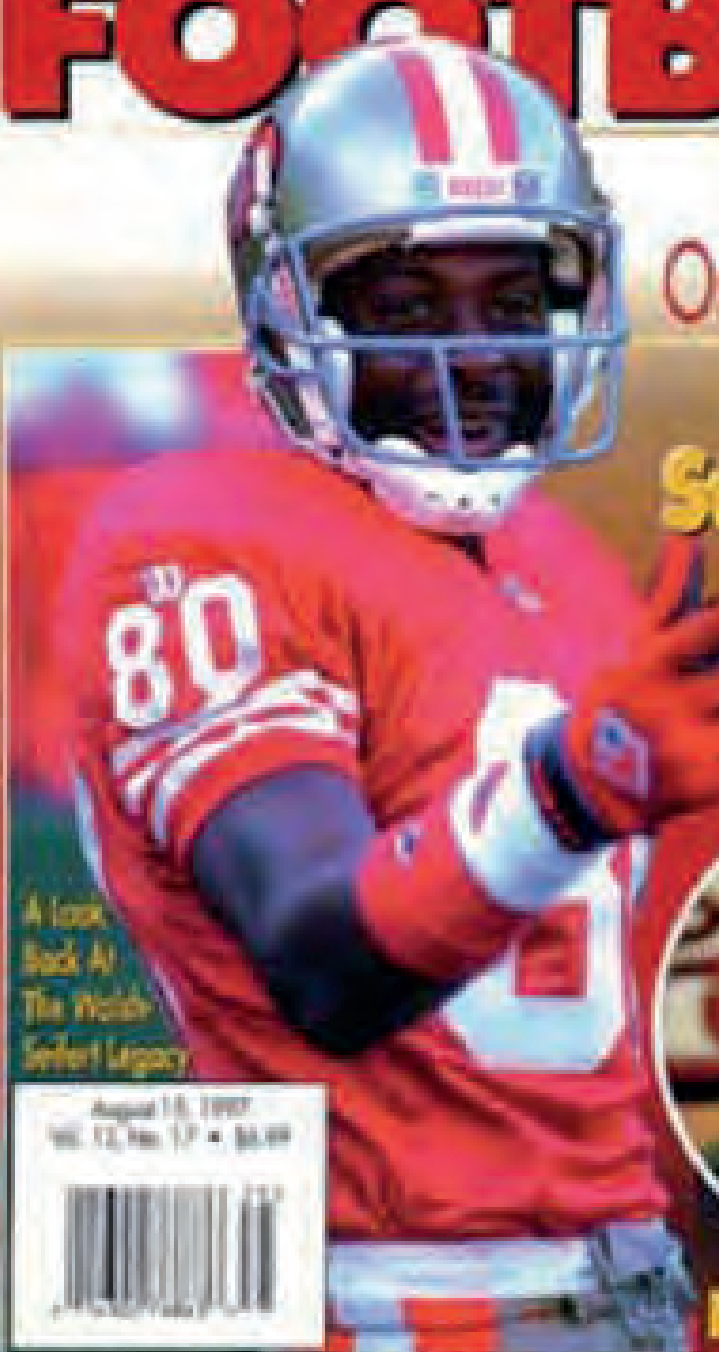






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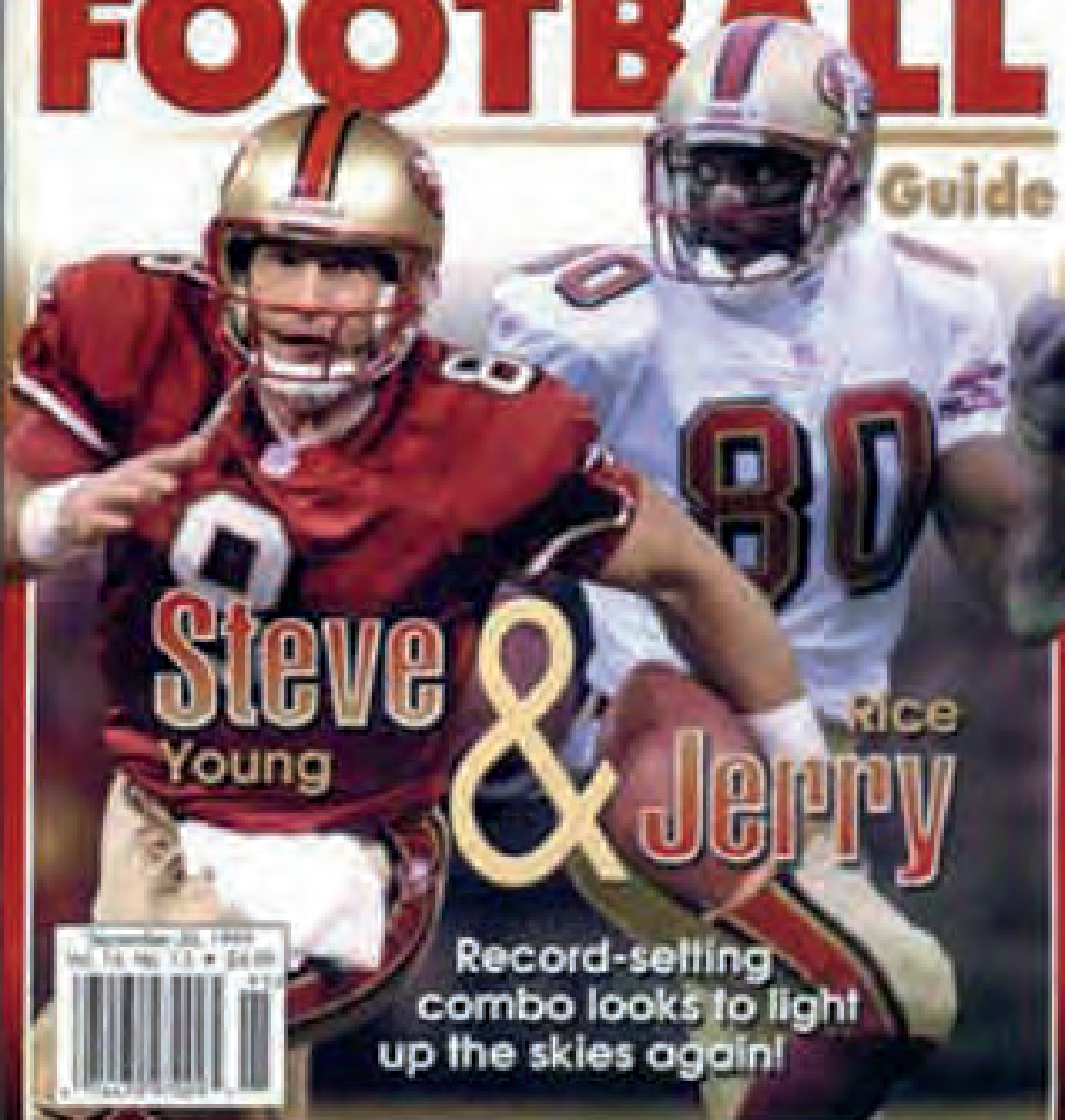
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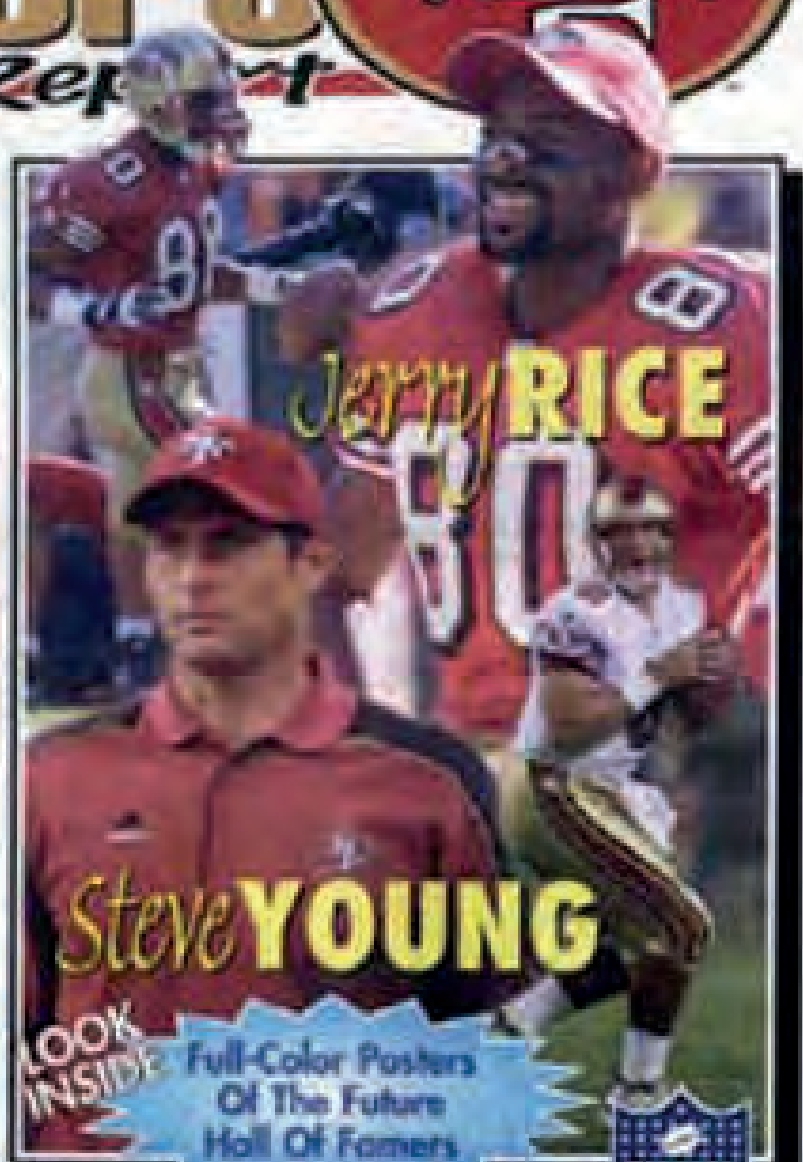
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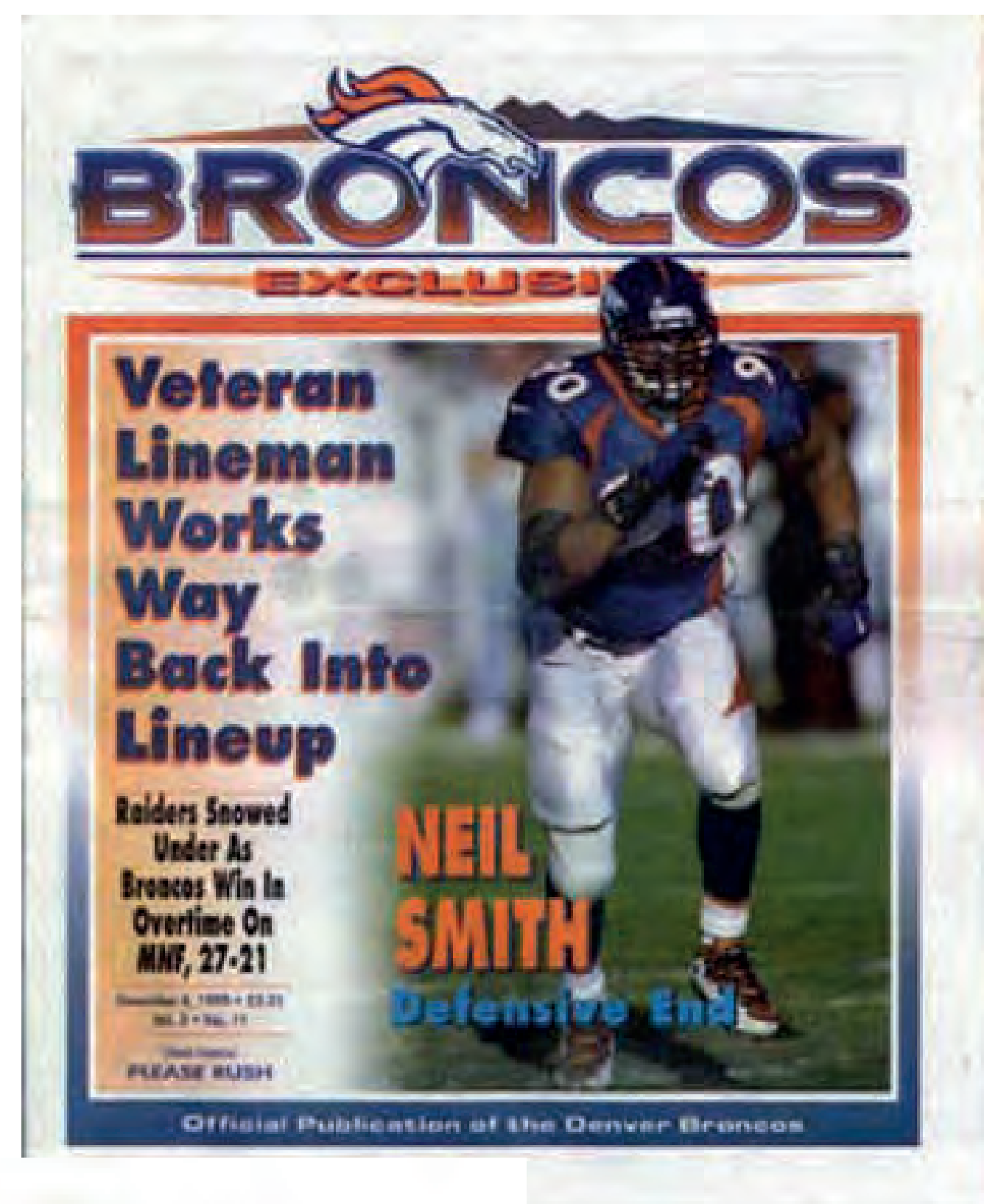
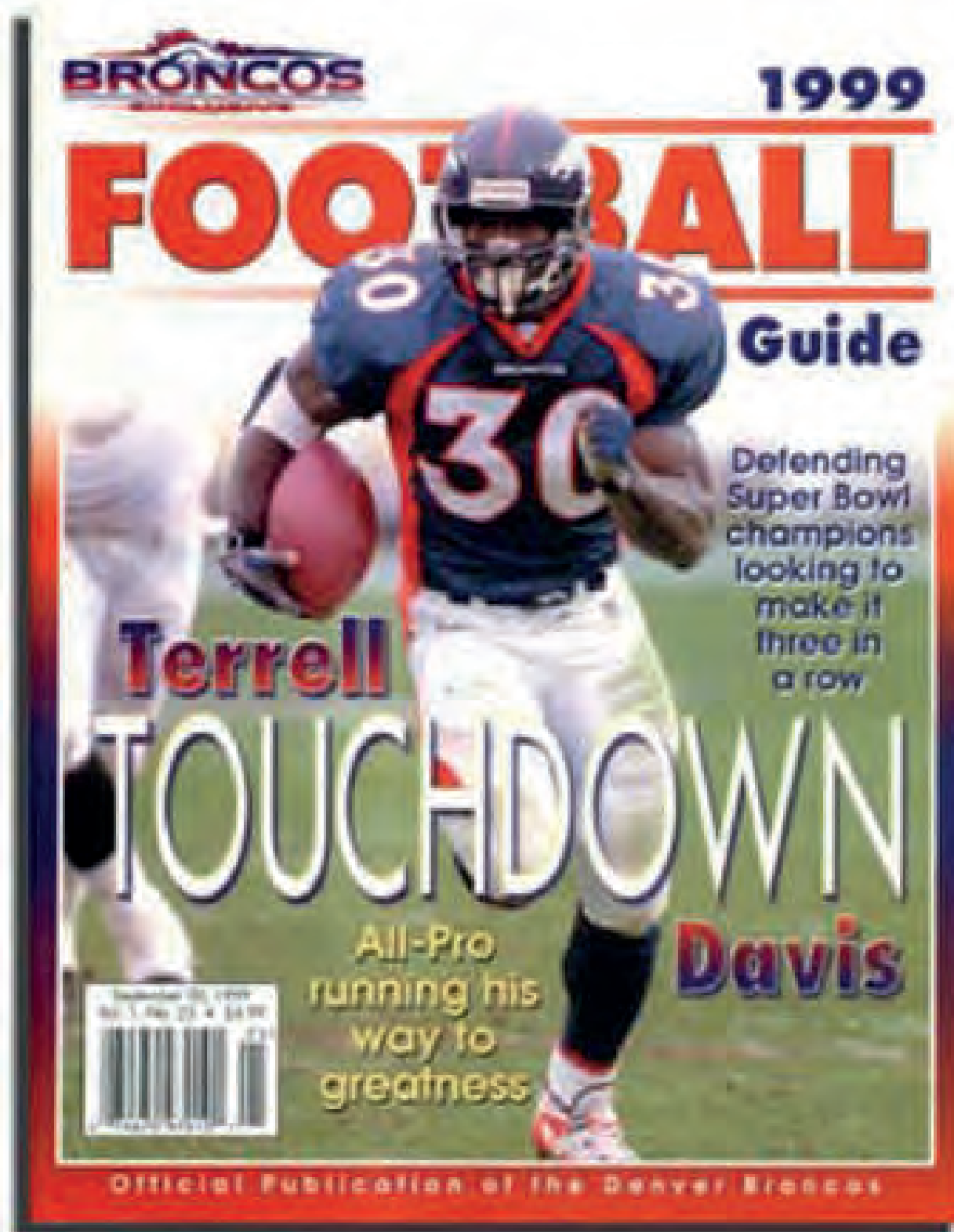
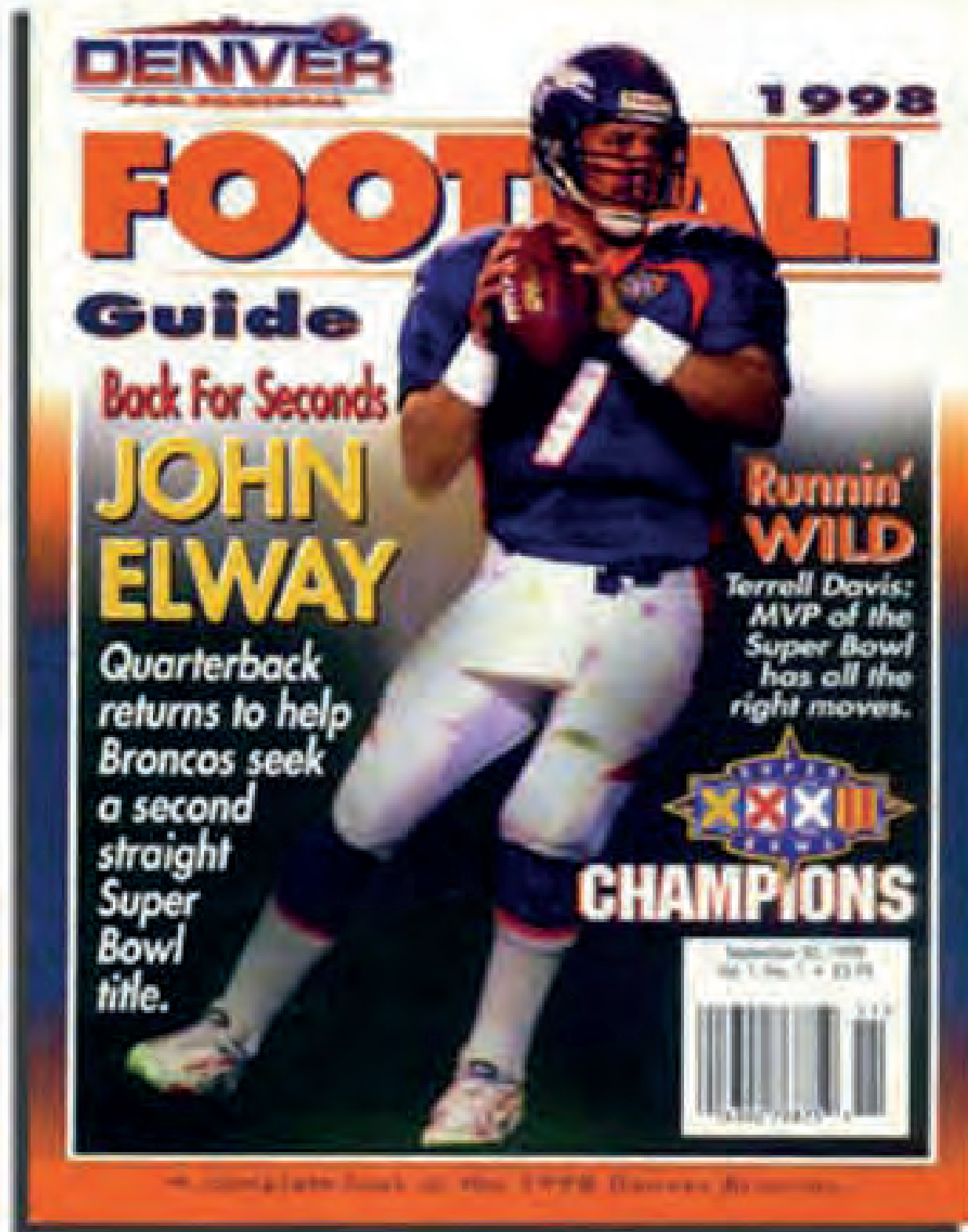
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49ers  **Report**

Roller-Coaster Ride Hits Bay Area





AmeriSciences Inc.

AmeriSciences

AmeriSciences Academy
January 15th, 16th & 17th
Houston, Texas

AmeriSciences
Introducing
AgeAway Skin Care Products

Exclusive Offer!!
Be treated exactly as you want to be with services as individual as you are. Allow the St. Regis Spa gently refresh your system and ease sore muscles and joints. To truly enjoy your AmeriSciences Academy experience, plan to revitalize your whole spirit!

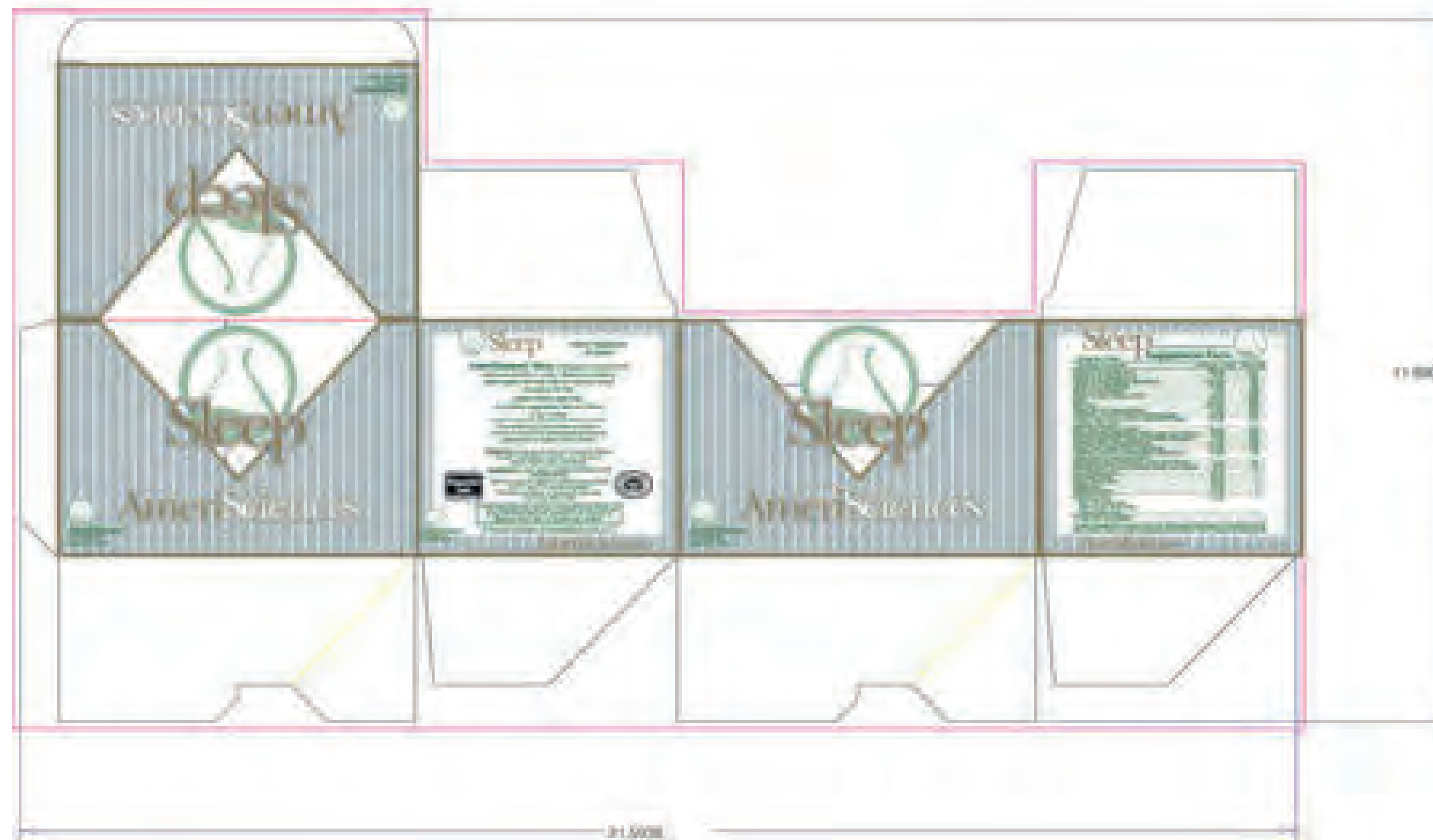
AmeriSciences Specials

Hand and Foot Treatment:
\$50.00
The hands and feet are placed in warm mitts after exfoliating and then a relaxing massage is done on the hands, feet and scalp. (60 min. package)

The Distressing Spa Facial and Spa Full Body Massage:
\$150.00
(2 hour package)

Please mention that you are with AmeriSciences in order to get the special rates.

Reserve Your Appointments Now as Availability is Limited!



Your AmeriSciences Business Builder Kit
Everything Necessary to Begin your AmeriSciences Business using our Proven Sales Techniques

The Business Builder Kit Contains:

- 10 Pack of IMC Agreements
- 1 Folder
- 1 Quick Start Manual
- 10 Product Price Lists
- 10 Pack Product Order Forms
- 1 25 Pack of AmeriSciences Brochures
- 1 Video Training Series, Vol. 1
- 10 AgeAway Brochures
- 1 Set of Barry Cochran Audio Training Tapes
- 1 Set of Lou Gullardo Audio Training Tapes
- 5 Corporate Brochures

AmeriSciences Proudly Presents
The New Home of the Academy

THE ST. REGIS
Houston

A Hub of Social and Business Activity in Houston's Most Exclusive Neighborhood, The St. Regis, Houston

The St. Regis, Houston is located in the residential area of Rice Club Park, adjacent to River Oaks, near Memorial Park, and less than one mile from The Galleria, Highland Village and The Galleria restaurants and shopping. The hotel is also only 10 minutes from Houston's Central Business District, 30 minutes from Hobby Airport, and 45 minutes from George Bush International Airport.

AmeriSciences
Building Your Health and Wellness

Choose to join our EasyShip program for Convenience, Savings and Service!

The AmeriSciences EasyShip program gives you an easy way to get your appointments every month. It's right in your hand at a 10% savings! Make your life simple with our EasyShip program.

Purchaser Information

Name: _____ Phone: _____ E-mail: _____
Shipping Address: _____ City: _____ State: _____ Zip: _____
Billing Address (if different): _____ City: _____ State: _____ Zip: _____

AmeriSciences Products

Description	Price	Discount Price	Qty	Total
Slim	\$75.00	\$67.50		
Energy	\$67.00	\$60.30		
Focus	\$75.00	\$67.50		
LowCholesterol	\$65.00	\$58.50		
Healthy Plus	\$75.00	\$67.50		
Joint Ease	\$75.00	\$67.50		
Antioxidant Plus	\$75.00	\$67.50		
Children's Cholesterol	\$75.00	\$67.50		
Women's Hair Therapy	\$85.00	\$76.50		
Young	\$65.00	\$58.50		
Men's Menor-Medic	\$65.00	\$58.50		
Women's Menor-Medic	\$65.00	\$58.50		
Ageless Skin Care	\$105.00	\$94.50		

How many months would you like this order to be sent?
1 Year _____ 6 Months _____ 3 Months _____ 12 Months _____

Please call or email to learn more or to see a list of the new products you will be a member of! Or visit us at the website: www.amerisciences.com

Payment & Renewal:
Credit Card Visa MC AmEx
Name on card: _____
Address: _____
City: _____ State: _____ Zip: _____
Signature: _____

Available to New IMCs Only...
The AmeriSciences Opportunity Kit
Your Success Starts Here!

AmeriSciences has compiled the sales aids and product you need to get your business started on the path to success. As an added bonus, the Opportunity Kit satisfies the deposit/Builder Kit requirement for becoming an AmeriSciences IMC.

Priced for your success at: \$500

The Opportunity Kit is More Than a \$700.00 Value That Includes:

- 5 Nutritional Sampler Kits
- 1 Bottle of Slim
- 1 Box of Sleep
- 1 Box of HeadStart
- 1 AgeAway Demo Kit
- 20 Company Brochures
- 1 Quick Start Manual
- 50 AmeriSciences Trifolds
- 25 AgeAway Trifolds
- 25 AmeriSciences Bifolds
- 20 IMC Agreements
- 20 Product Order Forms
- 1 Company Manual

Limit 1 Kit Per New IMC

AmeriScien
Antioxidant
Plus

AmeriSciences
CardioPlus

AmeriScien
Sleep

AmeriSciences
Joint Ease

AmeriScien
Slim

AmeriSciences
Energy

AmeriScien
Focus

AmeriSciences
Women's
Iron-Therapy

AmeriScien
HeadStart

AmeriSciences
Children's
Chewables

The Facts

Supplement Facts


Directions


Warnings

Other Ingredients

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Come See our Vision for the Future!










We invite all AmeriSciences Academy attendees to join us for a personalized tour of our Corporate offices during the lunch break—Saturday during the Academy General Session.

We will have a luxury bus waiting to transport you from the St. Regis to our New Headquarters.

AmeriSciences

Join Us for the 2003 Gala and Conference



Events for August Gala & Conference

Thursday, August 21st
Executive PPC Meeting • 8:00 am - 10:00 am
PPC/NMD Meeting • 10:00 am - 12:00 pm
General Session • 1:00 pm - 5:00 pm
Welcome Reception • 6:00 pm - 9:00 pm

Friday, August 22nd
General Session • 9:00 am - 5:00 pm
Reception & Awards Dinner • 7:00 pm - 10:00 pm

Saturday, August 23rd
General Session • 9:00 am - 5:00 pm
AmeriSciences Gala • 7:00 pm - 11:00 pm



St. Regis
1919 Briar Oaks Lane
Houston, TX 77017
(713) 840-7600



HeadStart
Dietary Supplement
AmeriSciences

HeadStart
Dietary Supplement
AmeriSciences

Supplement Facts
Serving Size: 1 scoop per packet (12g)

Chondroitin Sulfate	1000 mg
Glucosamine HCl	500 mg
MSM	100 mg
Wormwood	100 mg
Witch Hazel	100 mg
Yucca	100 mg
Other Ingredients	100 mg

AmeriSciences
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AmeriSciences
Slim Right
Cool Cappuccino & Very Vanilla Protein Shakes



The Why Protein Advantage:

- Highest B1 (thiamine) factor of all protein
- 100% protein, 0% fat, 0% carbs, 0% sugar
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey

The Top Protein Advantage:

- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey
- Protein: 100% whey



INSIDE AmeriSciences
Volume 1, 2003



- "Building" For The Future
- Eye On The Sky
- AmeriSciences' Year in Review



Slim Right
Dietary Supplement
AmeriSciences

The Slim Right Advantage

Supplement Facts

Directions

Warnings

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Cool Cappuccino Protein Shake

Slim Right
Dietary Supplement
AmeriSciences

Presenting
Lean! Black! More!
Weight Reduction!
in a Healthy Way!

AmeriSciences

Supplement Facts

Directions


Warnings

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13 1/2"

10 1/2" (10 1/2" High with 1 1/2" overpack with left & right)

AmeriSciences
Joint Ease



The Facts

- 10% of all aging adults suffer from osteoarthritis.
- 1 in every 3 Americans suffers from some form of arthritis.

Key Ingredients:


- Chondroitin Sulfate:** Stimulates the manufacture of Glycosaminoglycans which are the key component of cartilage and is the primary force in helping joints and softens and increases joint space.
- Glucosamine:** Contains a powerful and effective source of Glycosaminoglycans derived from Shark Cartilage.
- Worm Willow Bark, Licorice Root and Gamma-Linolenic Acid:** Act as anti-inflammatory agents easing joint pain and softens.

Supplement Facts

Directions For Use:
Take one tablet three times a day.

Warnings:
• Contains alcohol
• Contains lactose
• Contains gluten
• Contains soybeans
• Contains wheat
• Contains yeast
• Contains other ingredients
• Contains other ingredients

"AmeriSciences Joint Ease — aiding in the prevention of degenerative joint disease"



Tune-In Publications/Starstream Communications





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 G&H Wire EDM is a full service precision manufacturing company specializing in Wire EDM cutting. We provide the most accurate and consistent Wire EDM equipment available. Various precision parts, but Wire EDM machines are only operated by highly skilled tool and die makers. This means your tool components will have the accuracy and precision you need. We also provide Wire EDM equipment for general and specialty applications. We also provide tool and die repair services for a variety of other tools which require a high degree of precision. We are the complete in one location source for all of your tool and die requirements. We are located in working order.

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- Grinding
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MARCH 7 - APRIL 15

